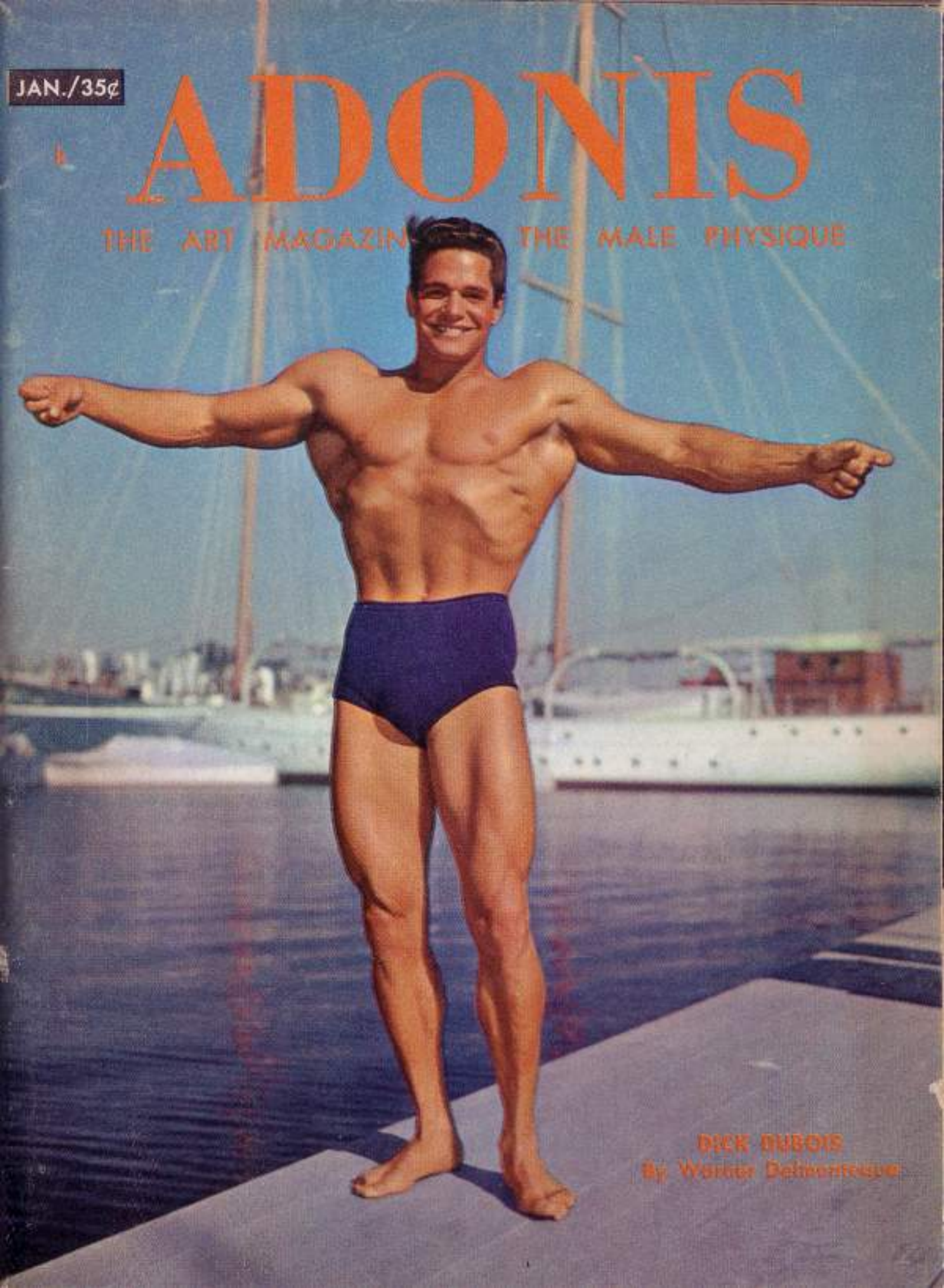
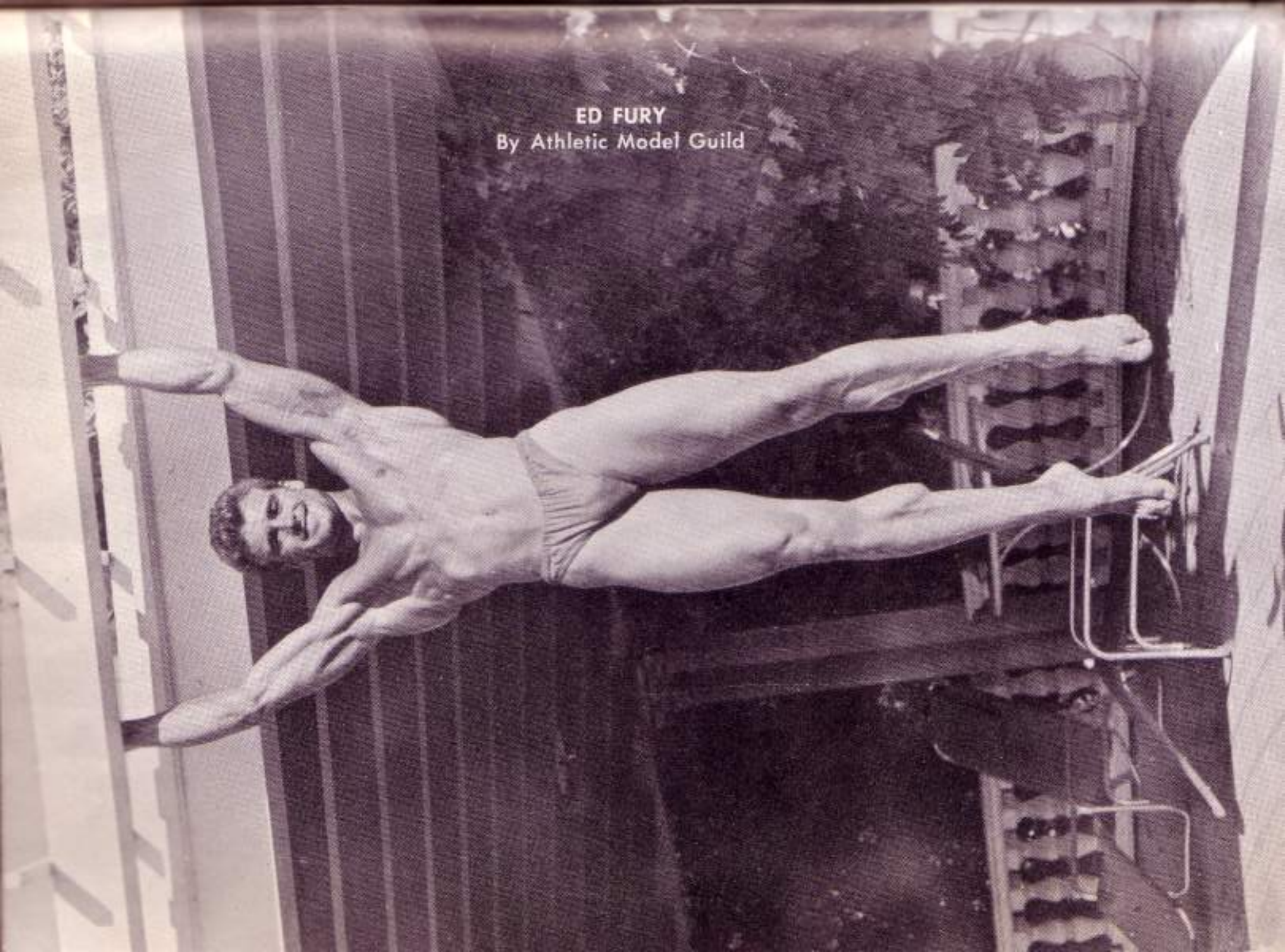
JAN./35¢

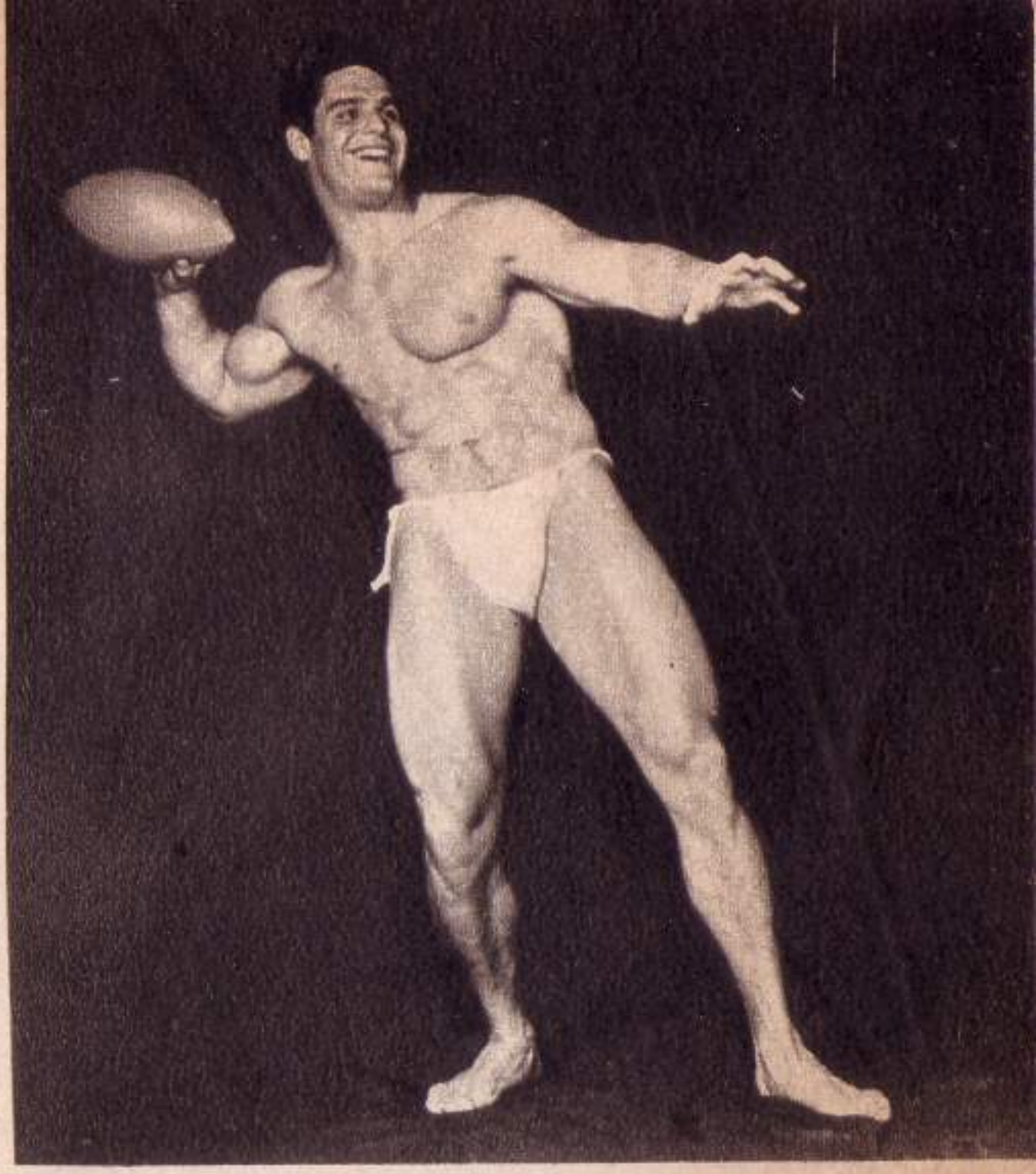
ADONIS

THE ART MAGAZINE OF THE MALE PHYSIQUE



DICK DUBOIS
By Walter Delbonnaque


ED FURY
By Athletic Model Guild



DICK DUBOIS by Athletic Model Guild

FRONT MAN

The man on our cover needs neither words of introduction nor words of praise. Now in his early twenties he is already legendary among bodybuilders.

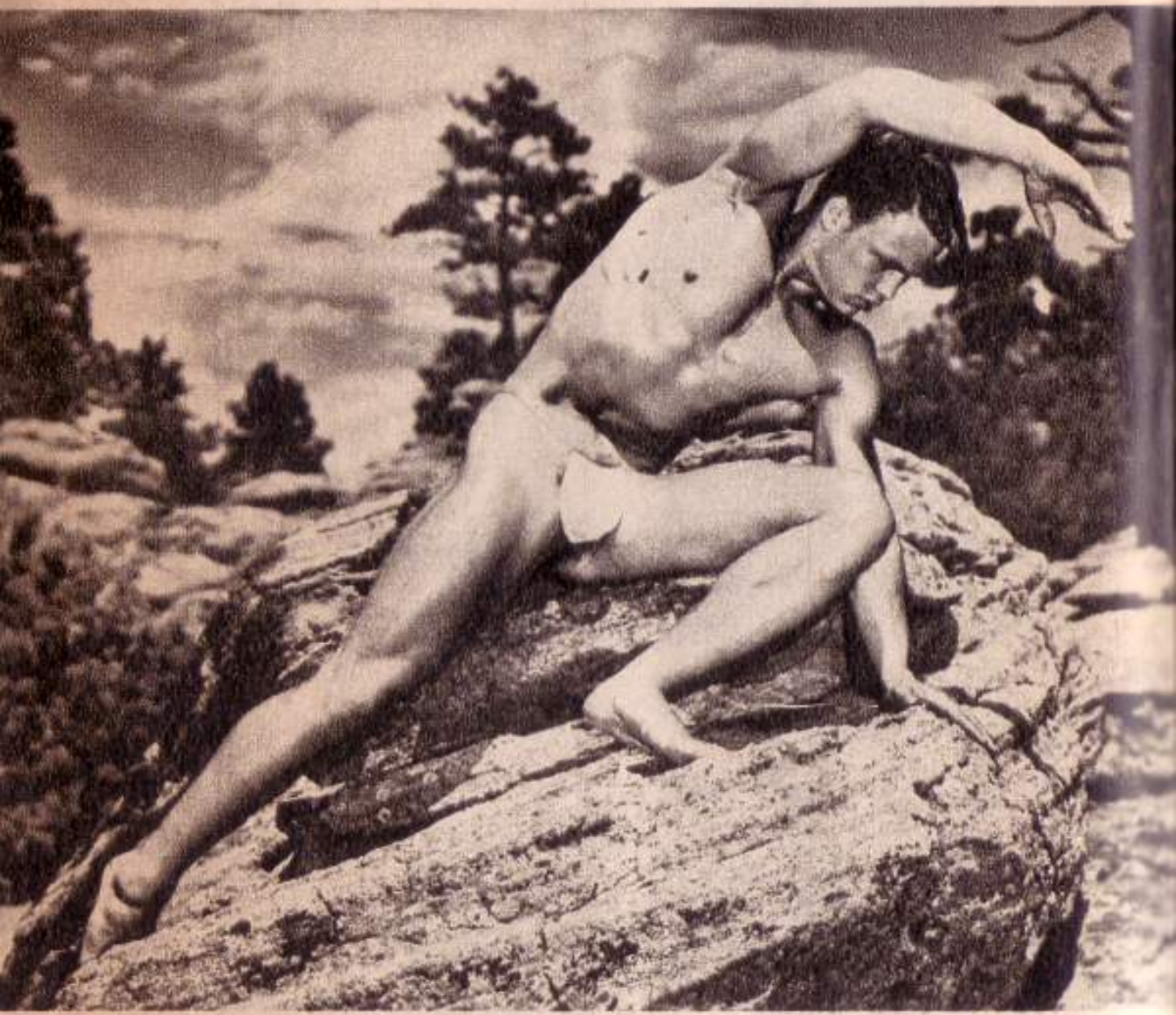
Dick Dubois added a new crown to his collection this year by winning the *Mr. U.S.A.* title, (*Continued on page* 46)

Jan. 1958, VOL. 3, NO. 6 Published Bimonthly by Adonis Publications, 801 Palisade Ave., Union City, N. J. Printed in the U.S.A.

WESTERN STARS

★ Our contribution from Western Photography Guild this issue is a trio of fine bodybuilders from the purple sage country.

Pat Burnham is one of the strongest men in the world for his height. He's 5' 5½" tall and weights 135. He is twice winner of the Rocky Mountain AAU 132 pound class cham-

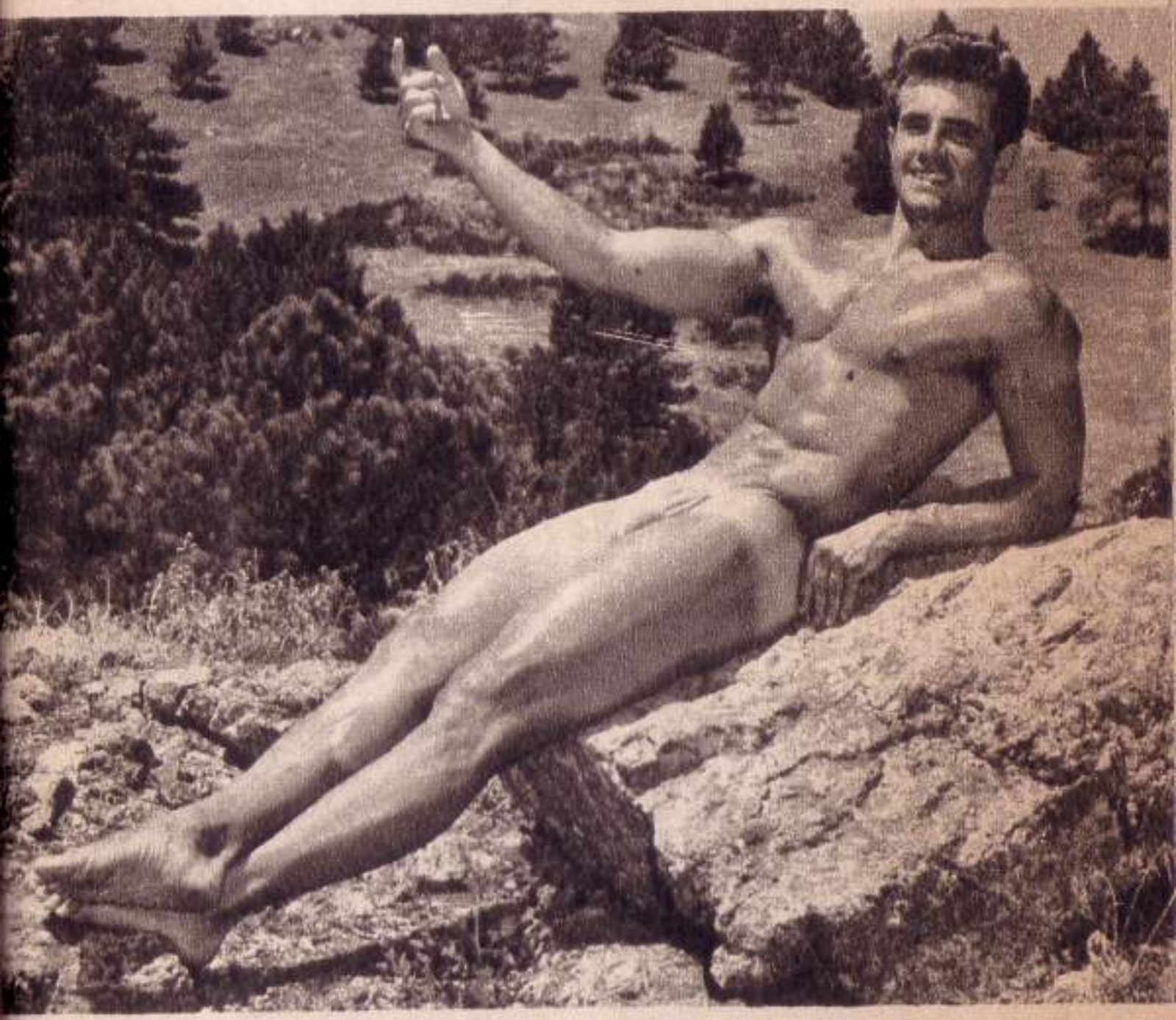


PAT BURNHAM—A mighty man is he.

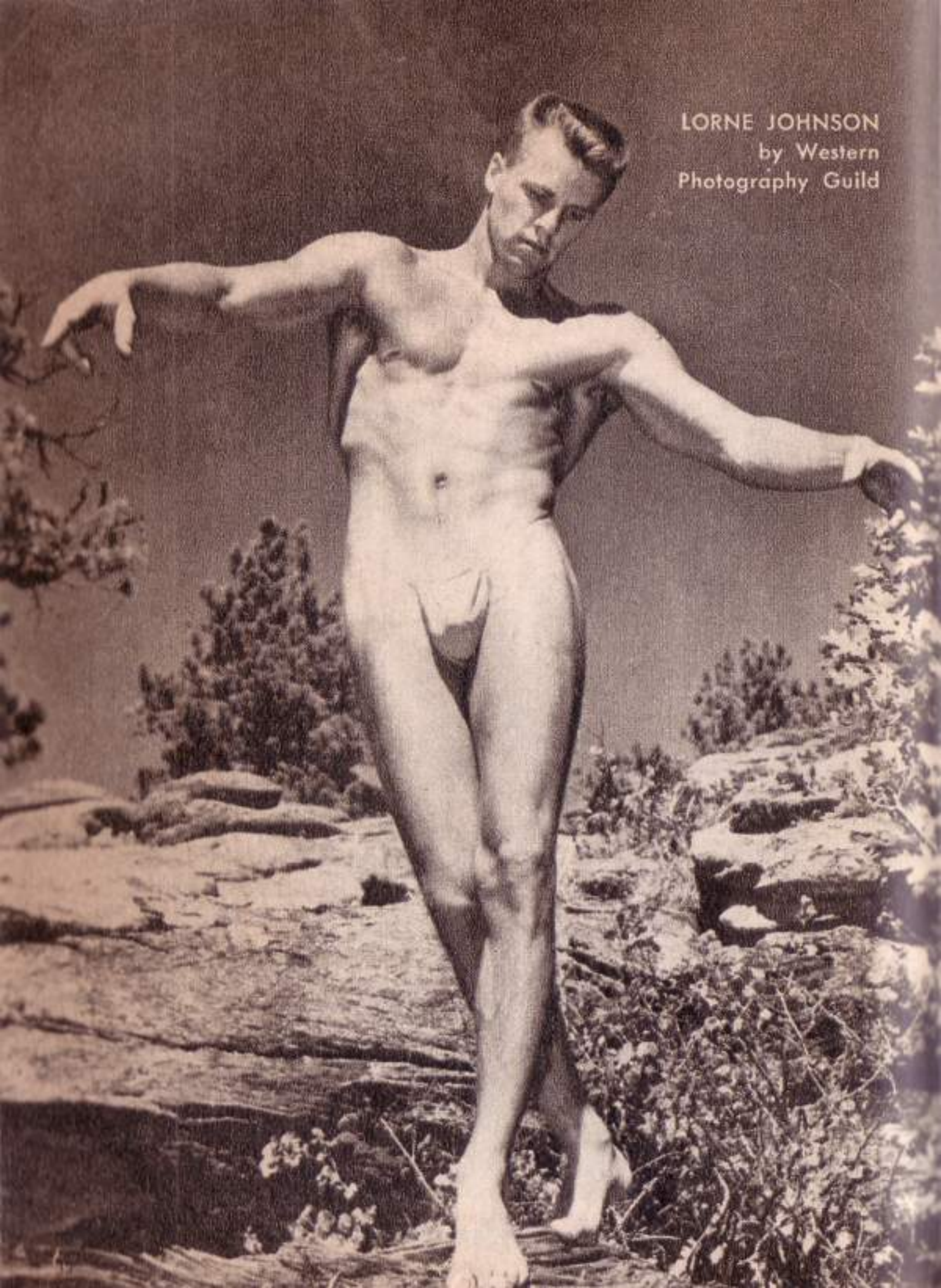
pionship. He's also an avid skier. His hobbies are wood-working and raising tropical fish and he is noted for his large gun collection.

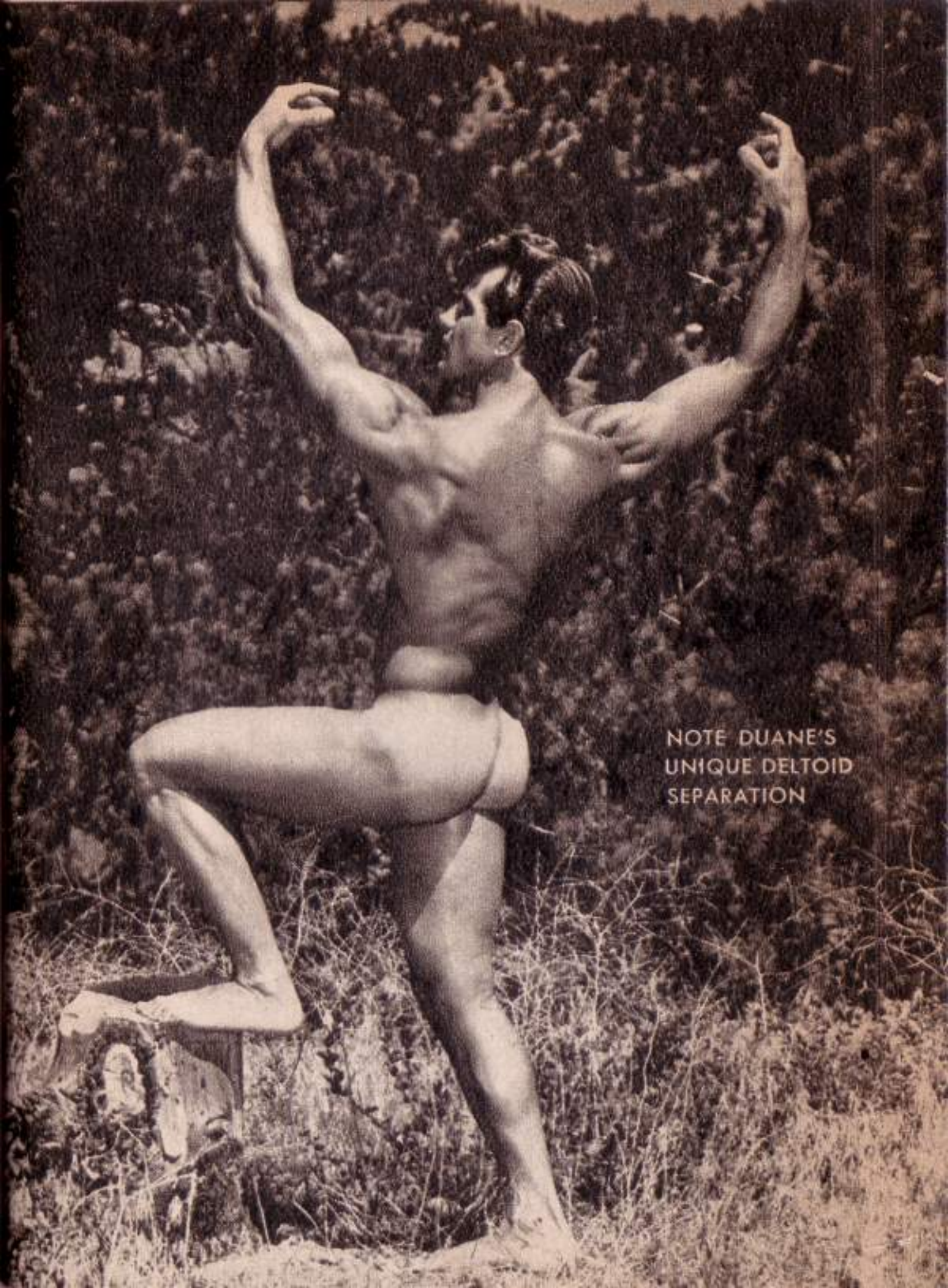
Lorne Johnson is a policeman and a part-time gym instructor. Lorne served in the Air Force and is an excellent softball and hockey player.

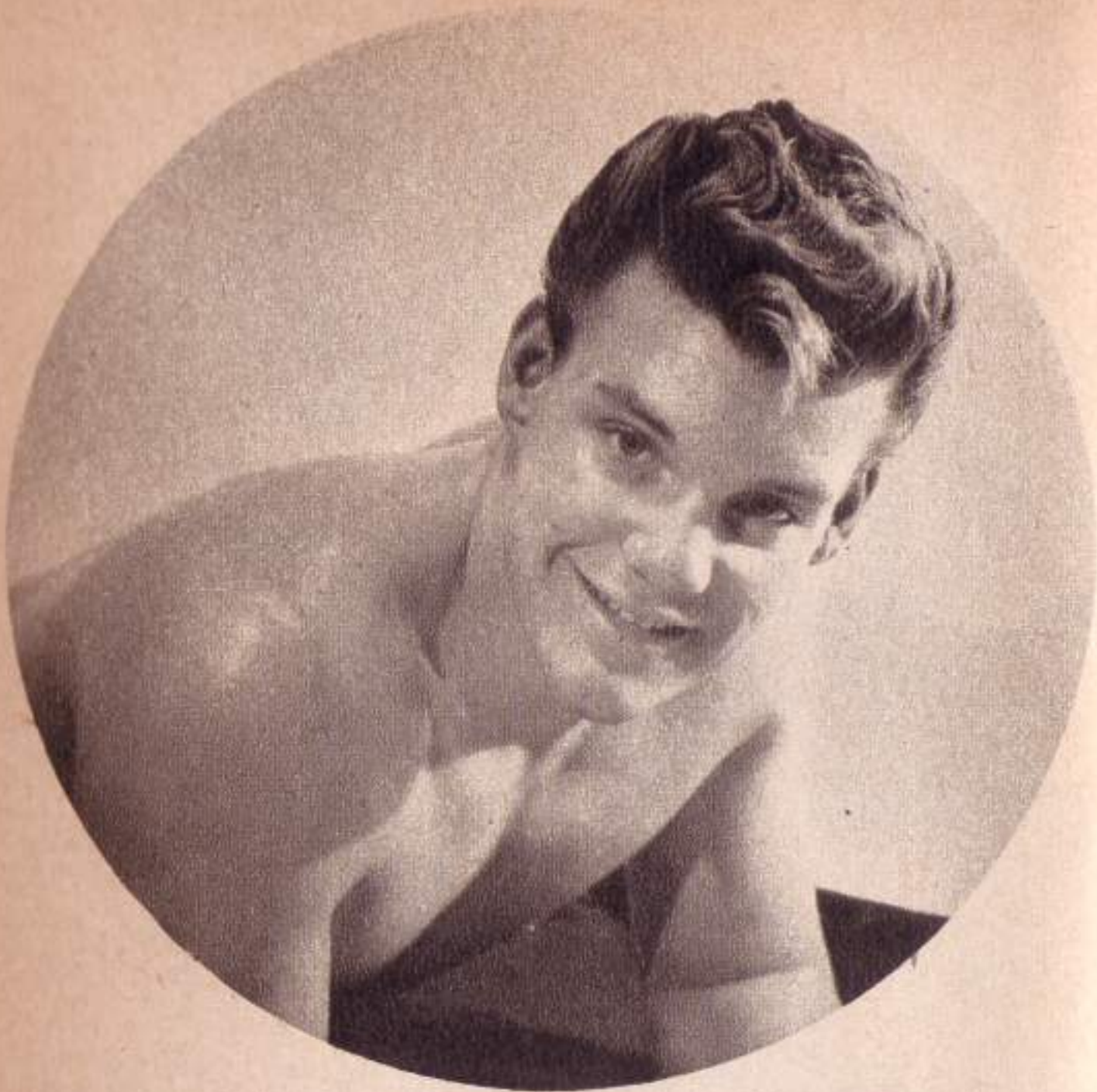
Duane Knaus placed third in the last *Mr Colorado* contest. He is the brother of Don Knaus (*Continued on page* 52)



DUANE KNAUS—Duane is the youngest of the group.


LORNE JOHNSON
by Western
Photography Guild

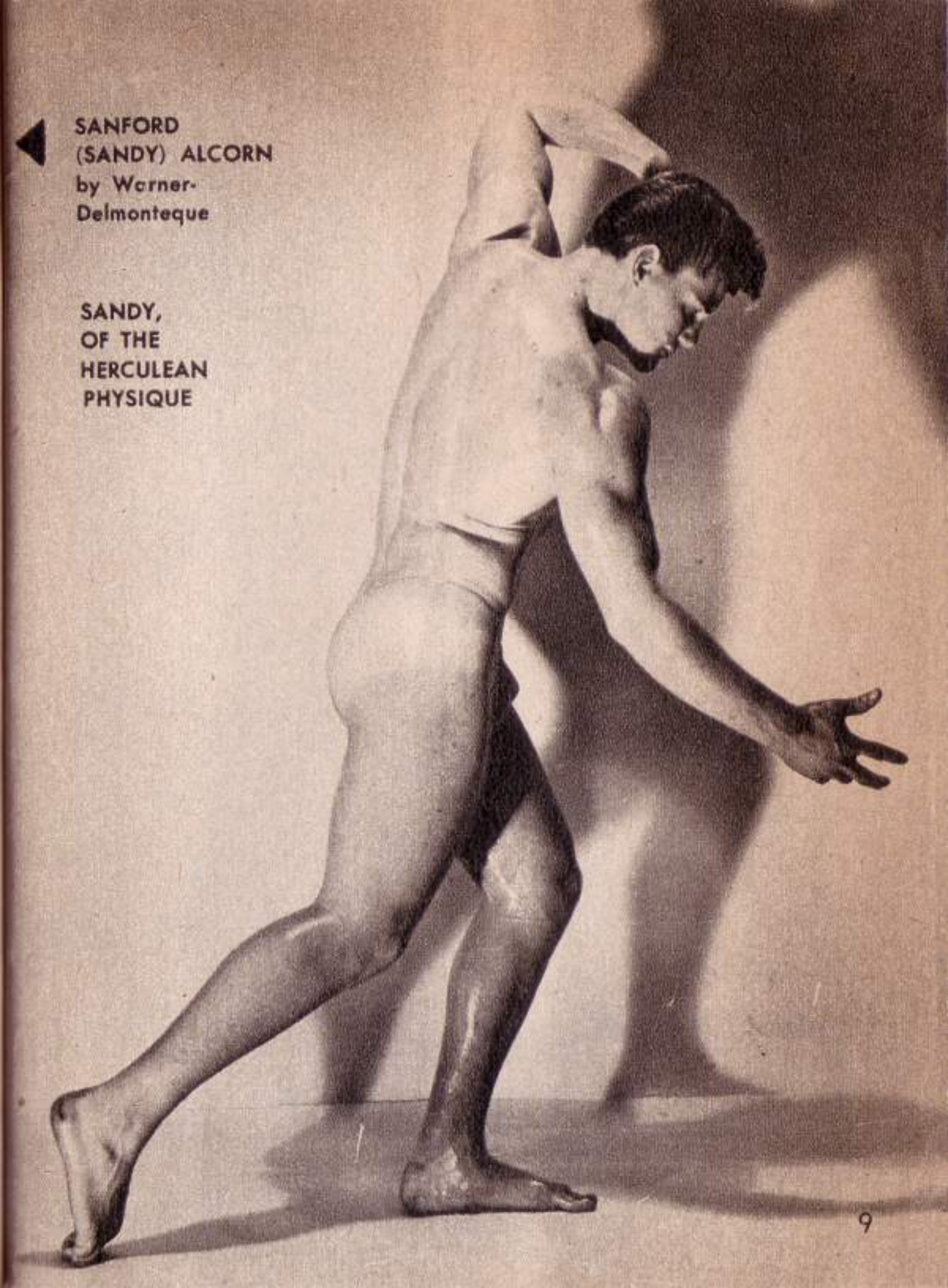

NOTE DUANE'S
UNIQUE DELTOID
SEPARATION



SANDY REVISITED

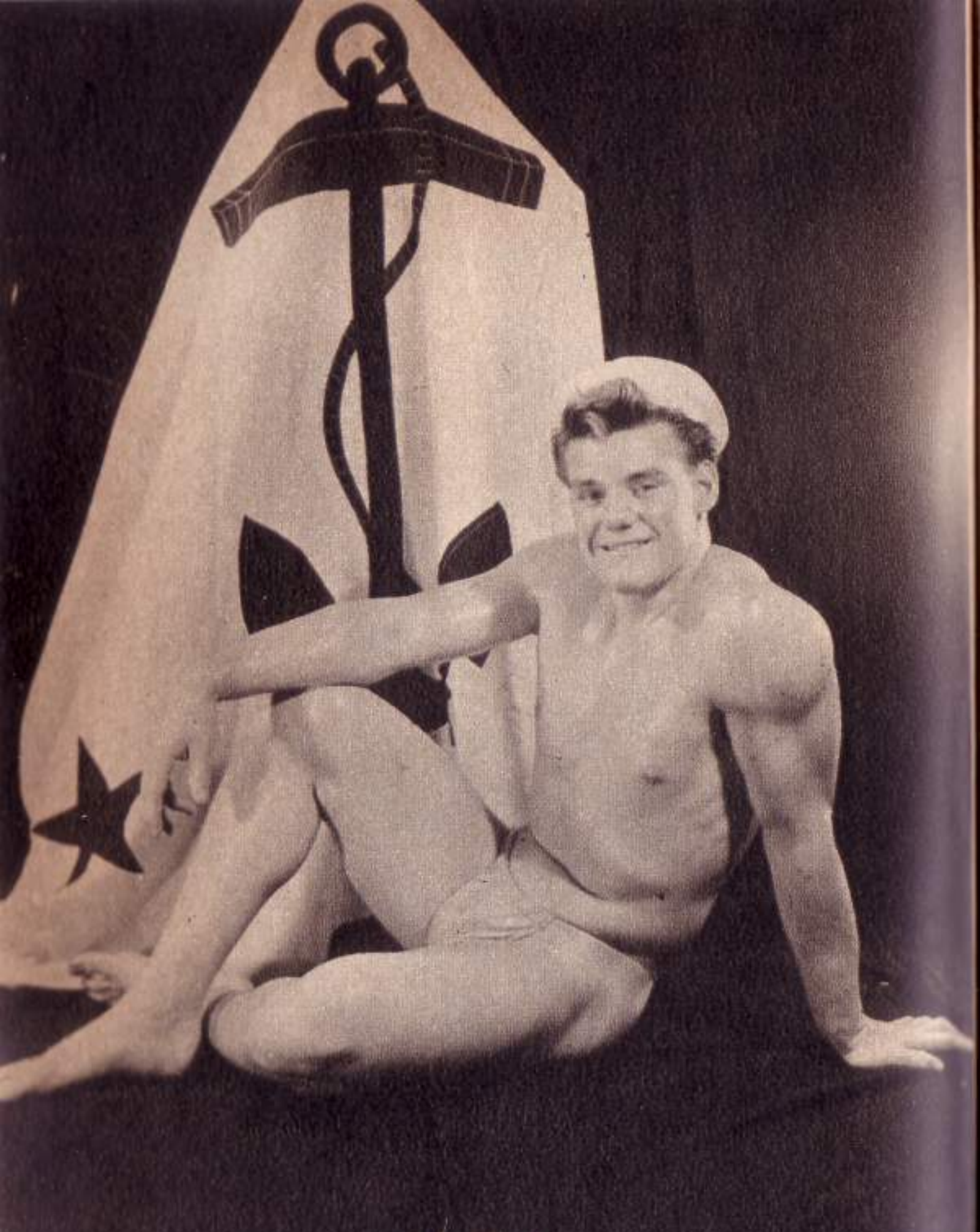
When we first began publishing *Adonis*, one of our best models was a big, goodlooking kid named Sanford Alcorn (Sandy for short).

The photographs we used at that time (and we used them all) were by California Models. Since then we've heard no more of Sandy and so it was a (*Continued on page* 55)

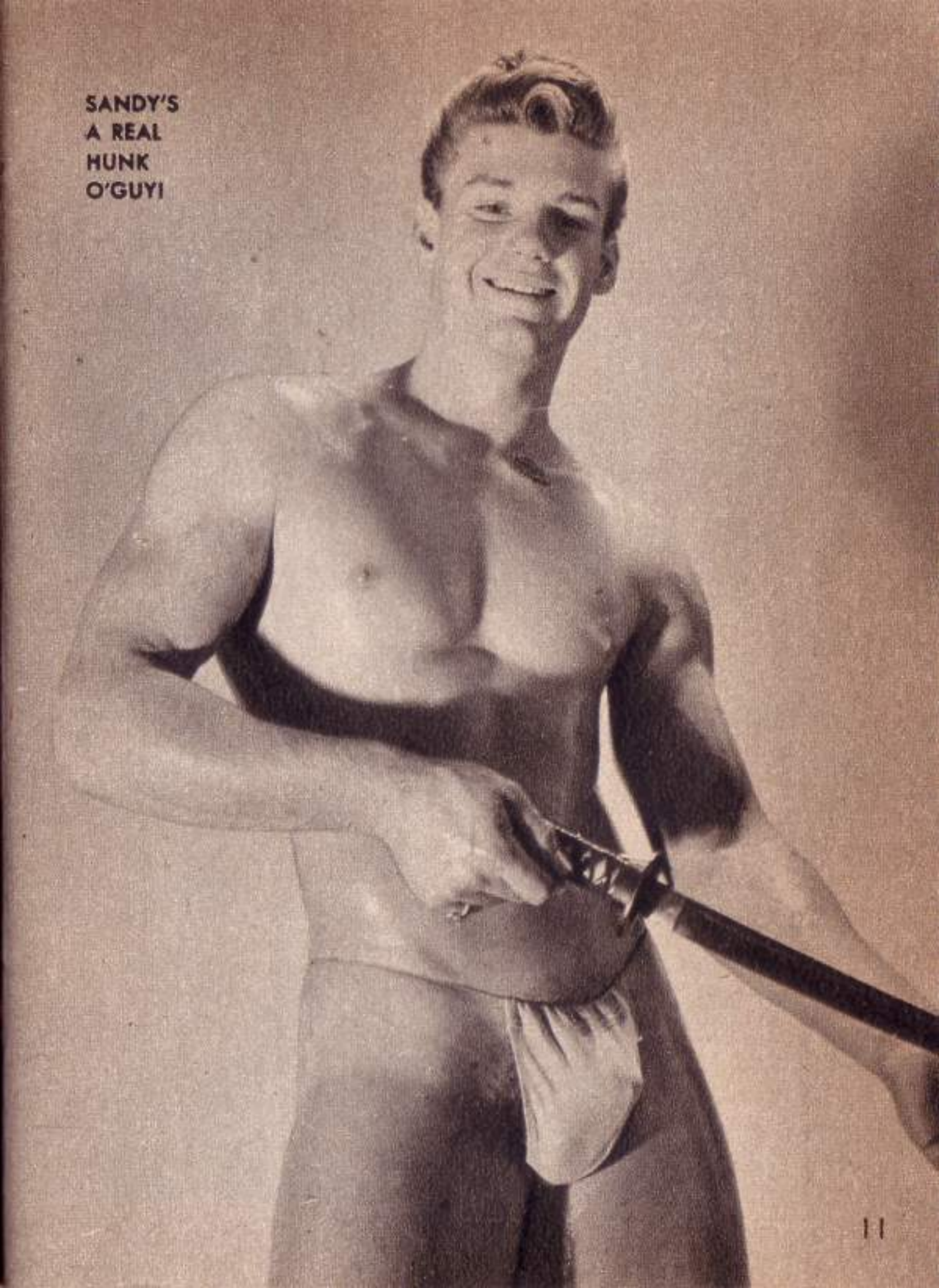


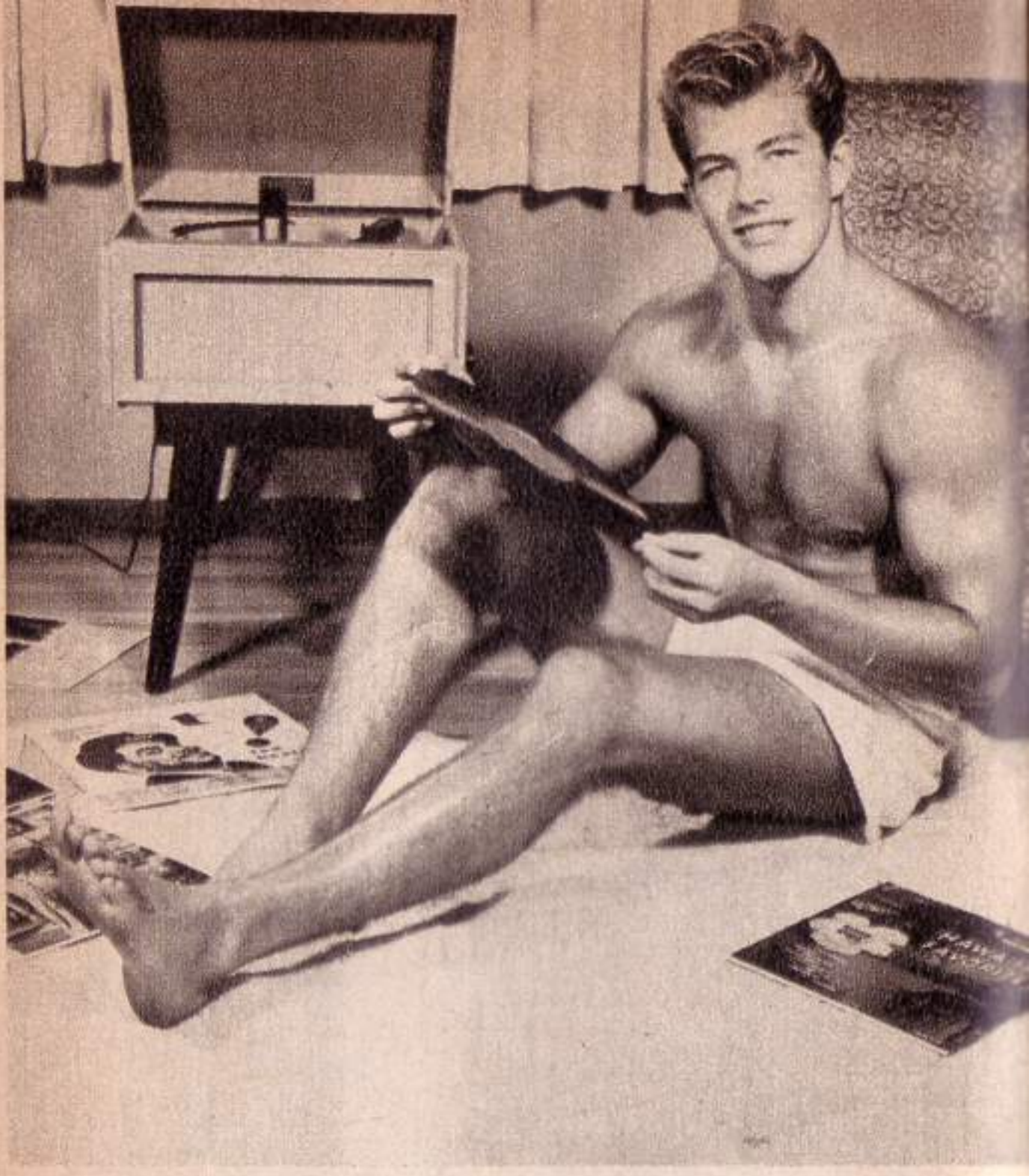
SANFORD
(SANDY) ALCORN
by Warner-
Delmonteque

SANDY,
OF THE
HERCULEAN
PHYSIQUE



THE JOLLY TAR


SANDY'S
A REAL
HUNK
O'GUY!

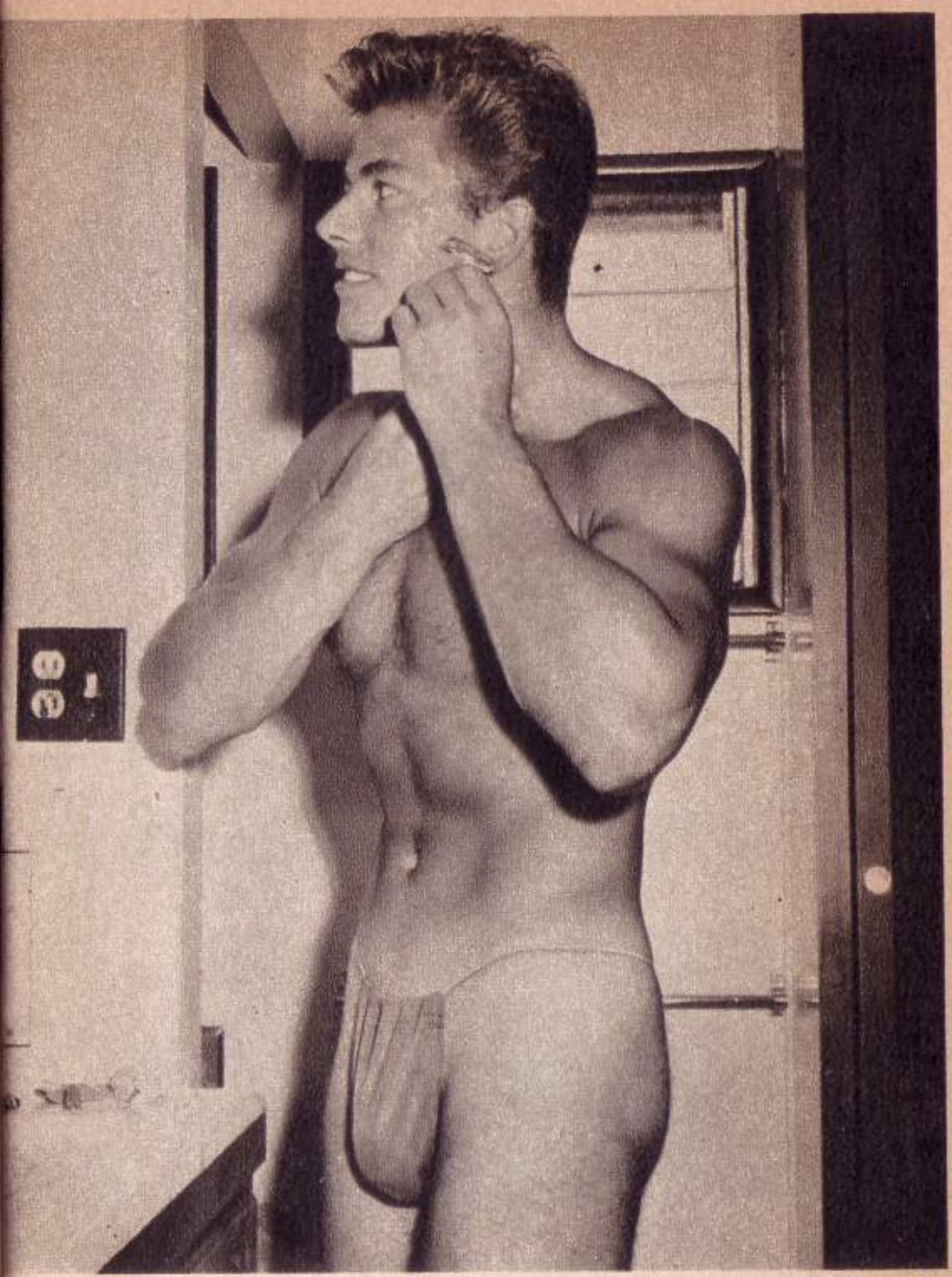


DICK HARRISON by Jacque

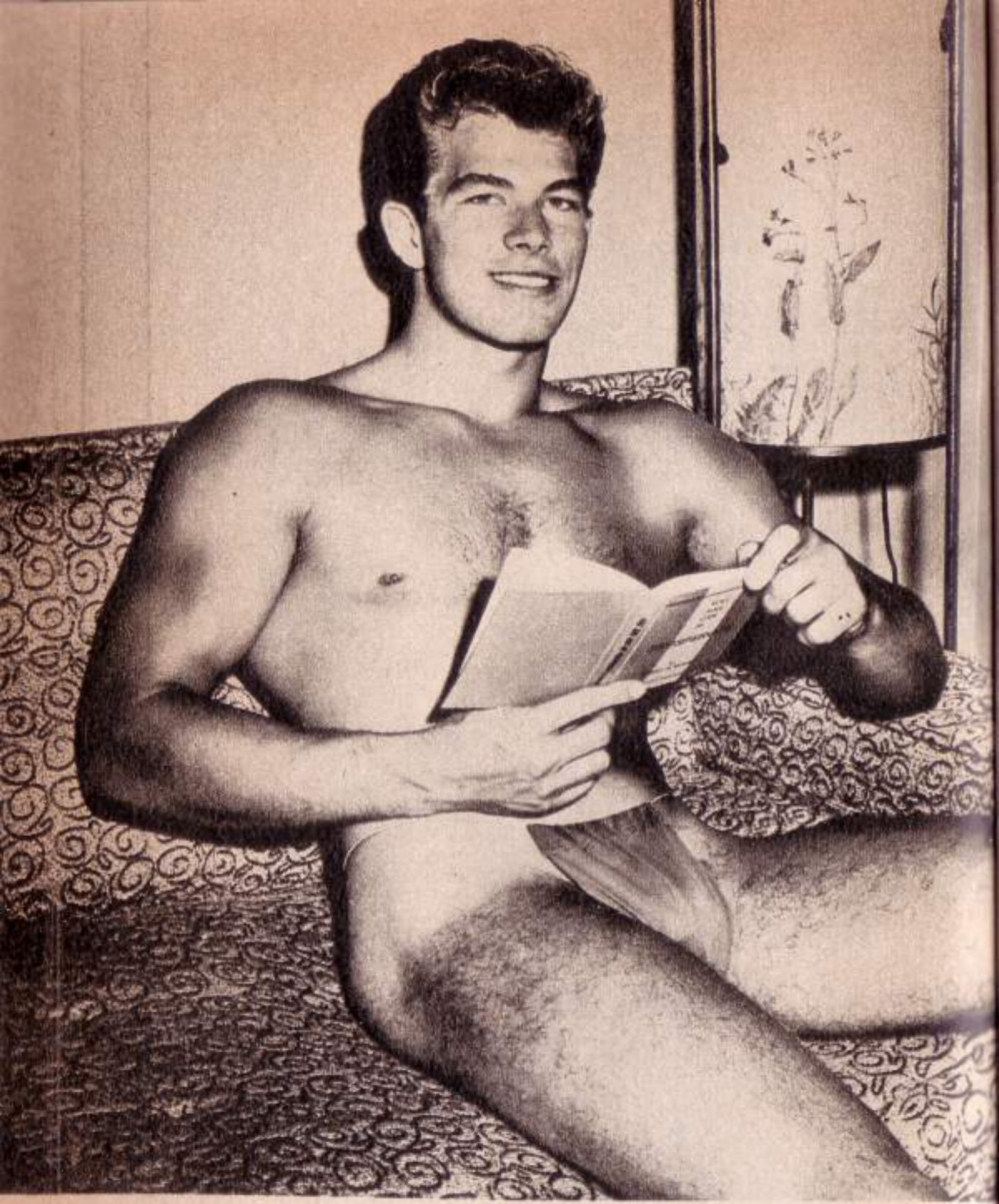
A DAY WITH DICK

Harrison fans are in luck this month, because Dick has just sent us some new photographs—casual shots made *chez* Harrison by Jacque of Hollywood.

They are completely informal and show Dick *à sa toilette*, boning up on Stanislavsky, (*Continued on page* 44)

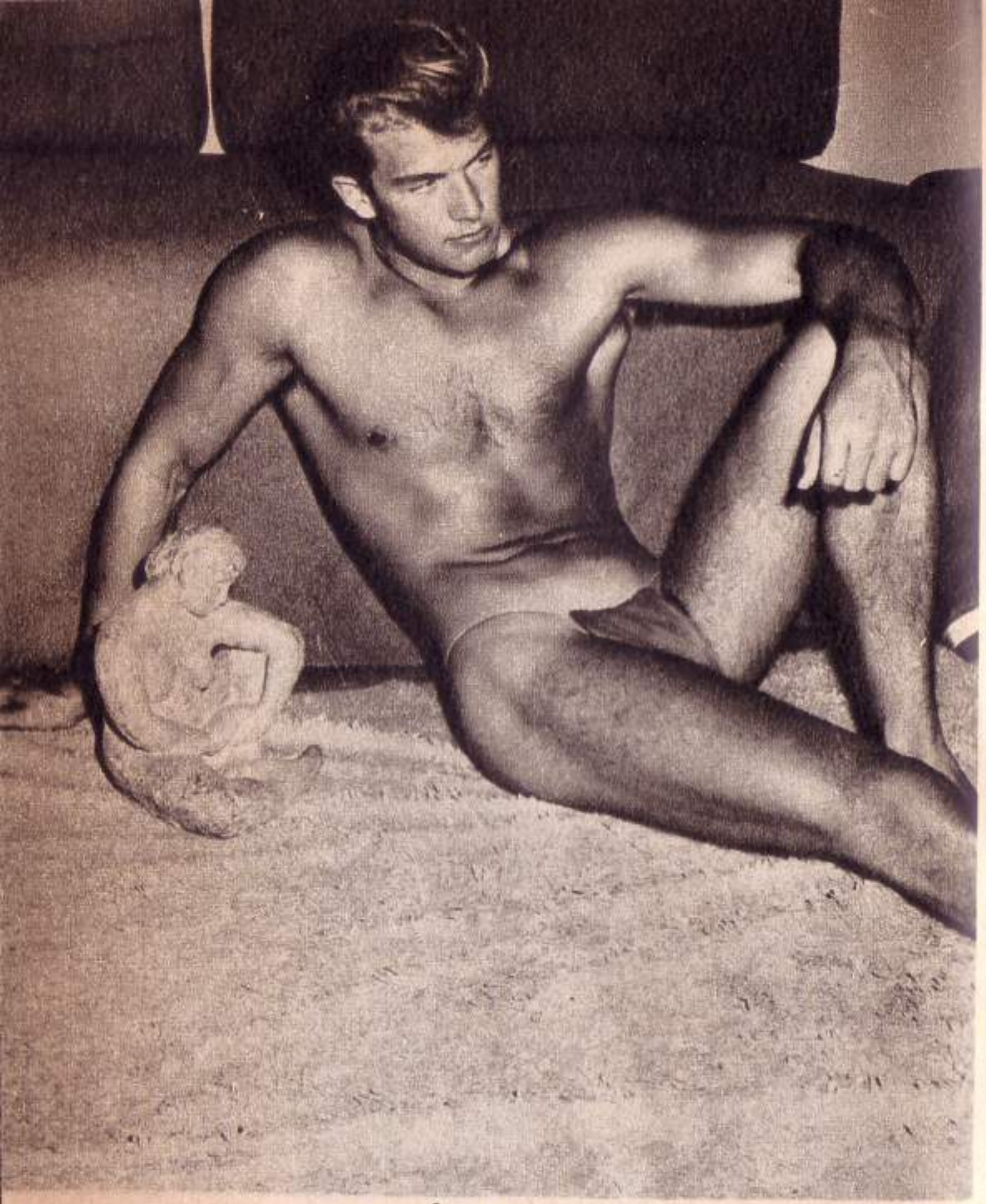


A SA TOILETTE



THE CASUAL-AIRE STANISLAVSKY

A PLACE FOR A PLAQUE



WITH CRITICAL EYE

"K" man of the month

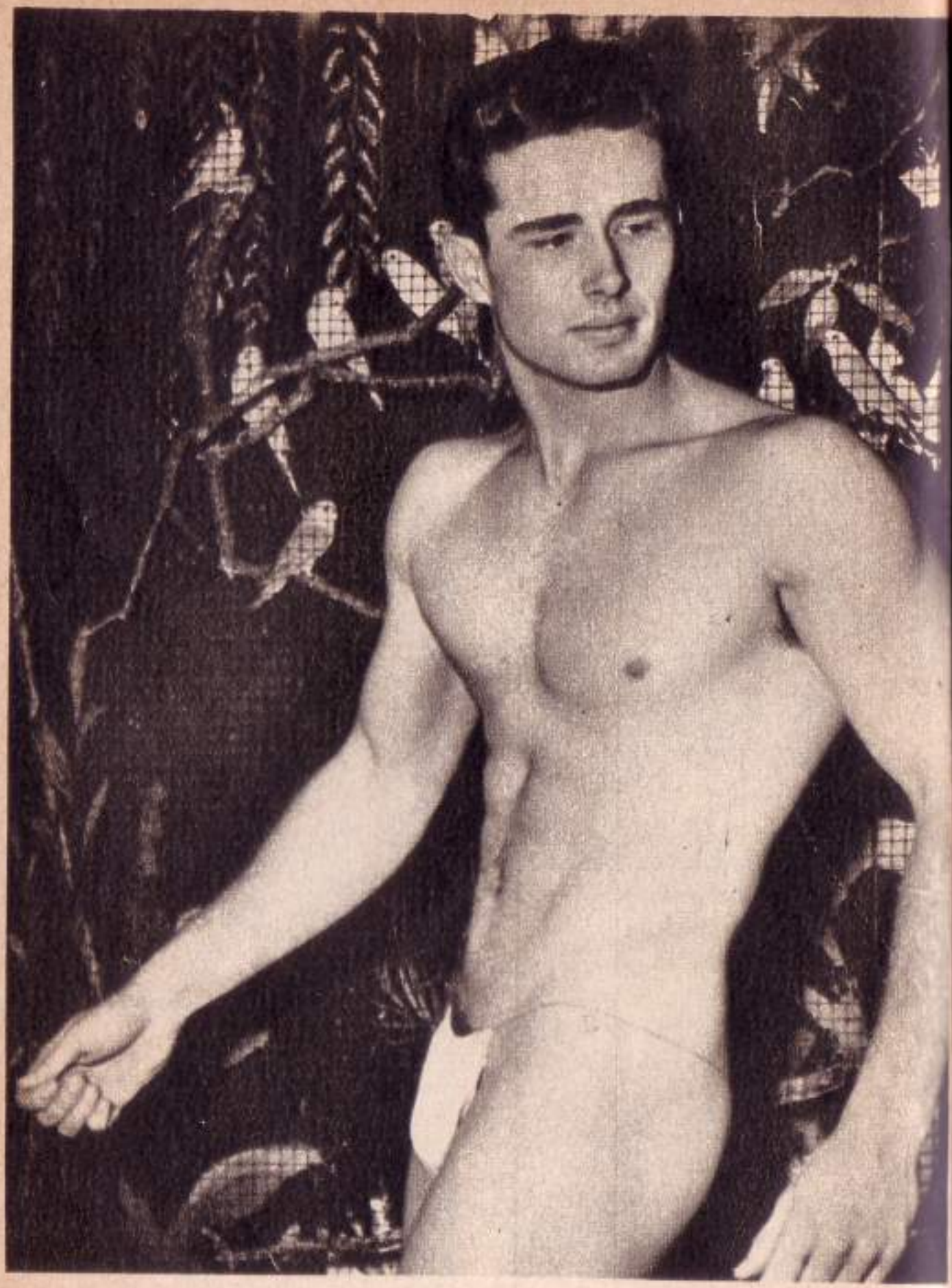
■ Our Kris "K" man of the month may be rather familiar to those of you who remember the photographs of Walt Needham shown here about two years ago.

Since that time he has improved amazingly and was a recent contender for the *Mr. Utah* title, the winner of which will be found smiling at you elsewhere in this issue—fellow named Mike Sill.

Walt, although now just twenty, is one of our most artistic posers. We think you'll be delighted with the three beautiful studies he gives us here. As you will note, one of them is "strictly for the birds," as two dozen parrakeets find the Needham

(*Continued on page* 44)

WALT NEEDHAM by Kris Studio



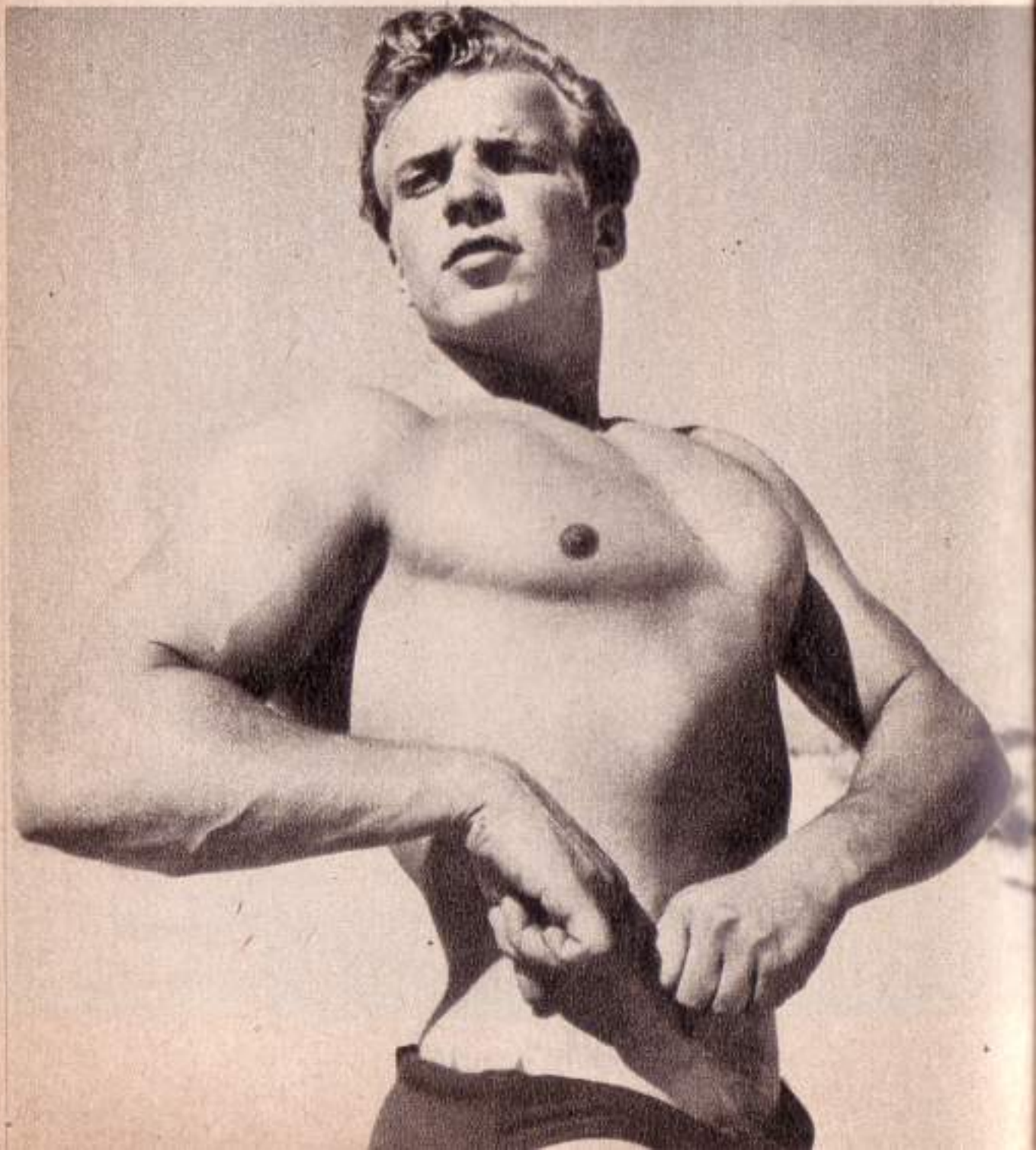
"BIRD'S EYE" VIEW OF THE NEEDHAM PHYSIQUE

RHYTHMIC SYMMETRY

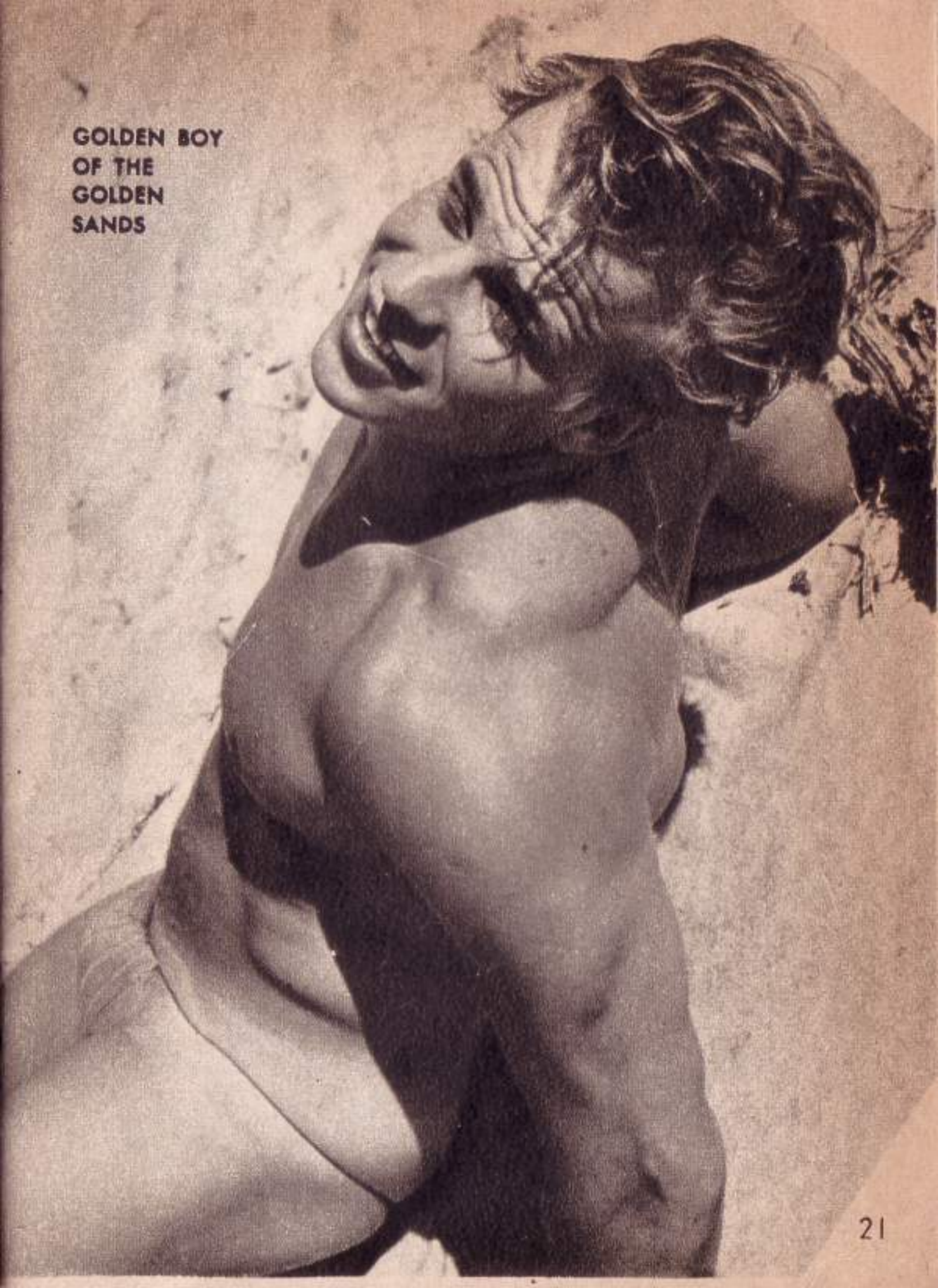
PAL AL

It used to be that suburban New Yorkers who wanted a good barbell workout either had to have their own home gym or come into metropolitan Manhattan and have a go with the weights at Klein's or Sansone's.

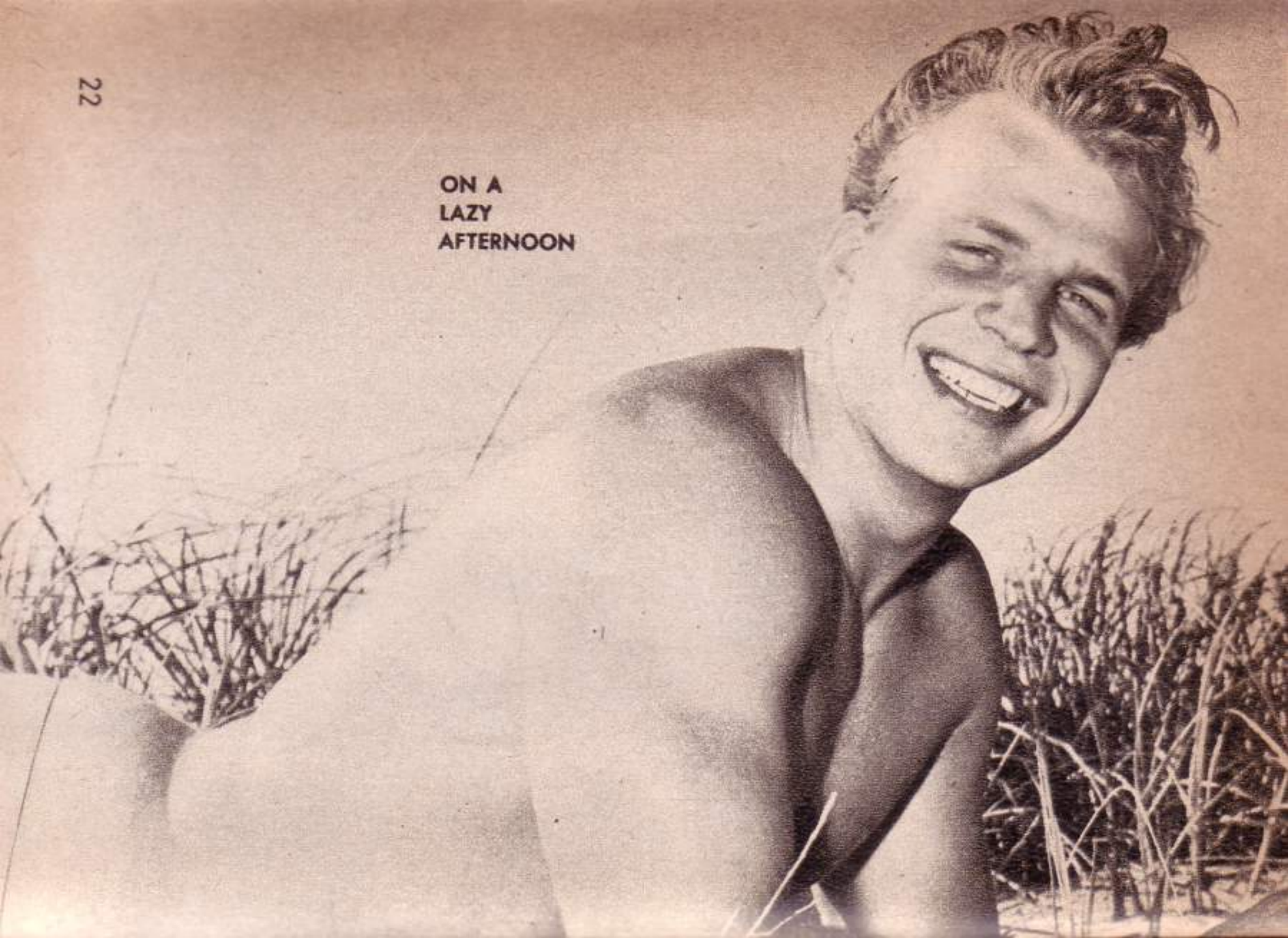
Now all that is changed. There are new gyms springing up every day all through Long Island. One of these is the fabulous Long Island Health Gym on (*Continued on page* 48)

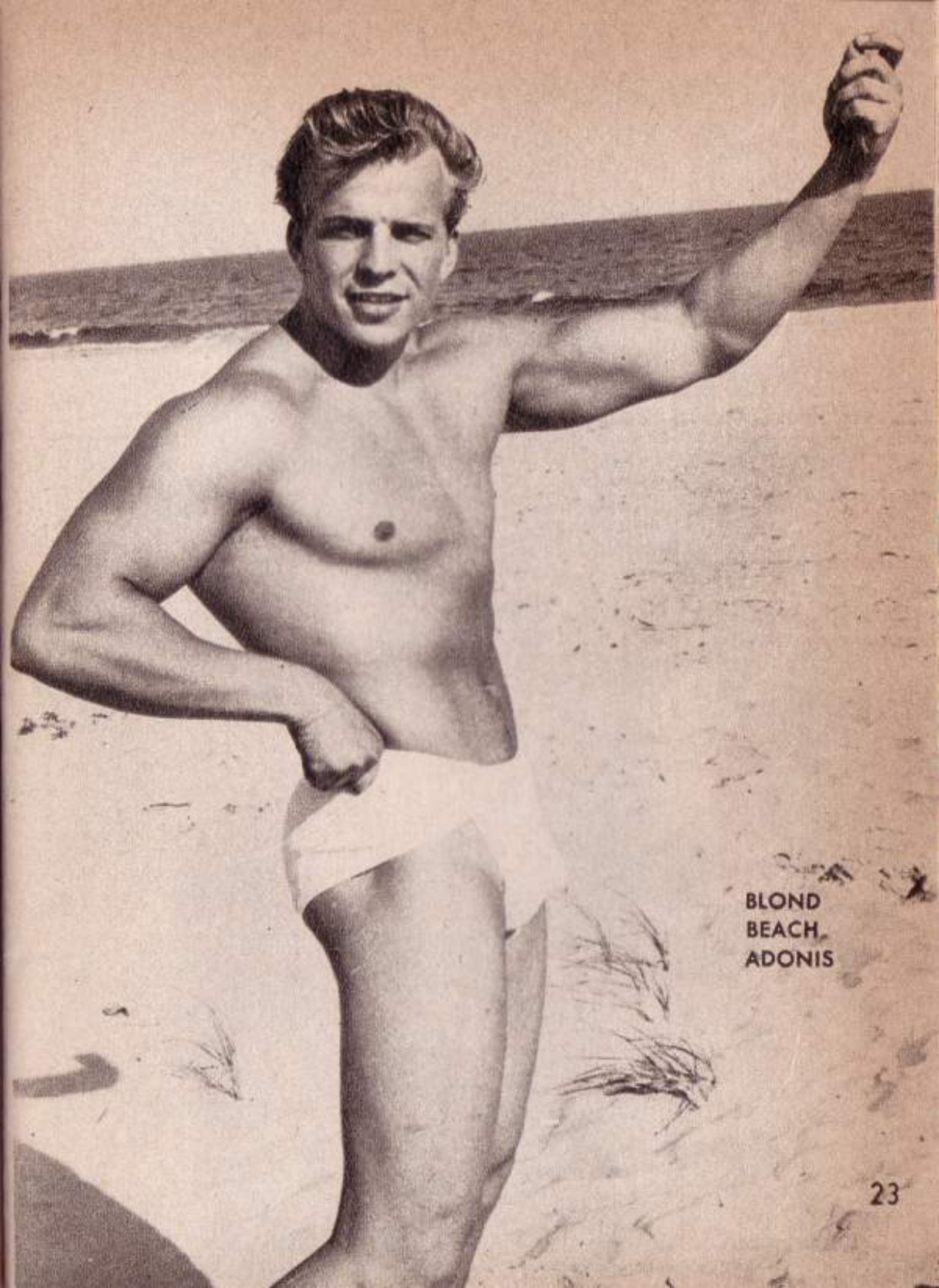


AL WILISCH by Paul d'Andrea


GOLDEN BOY
OF THE
GOLDEN
SANDS

ON A LAZY AFTERNOON

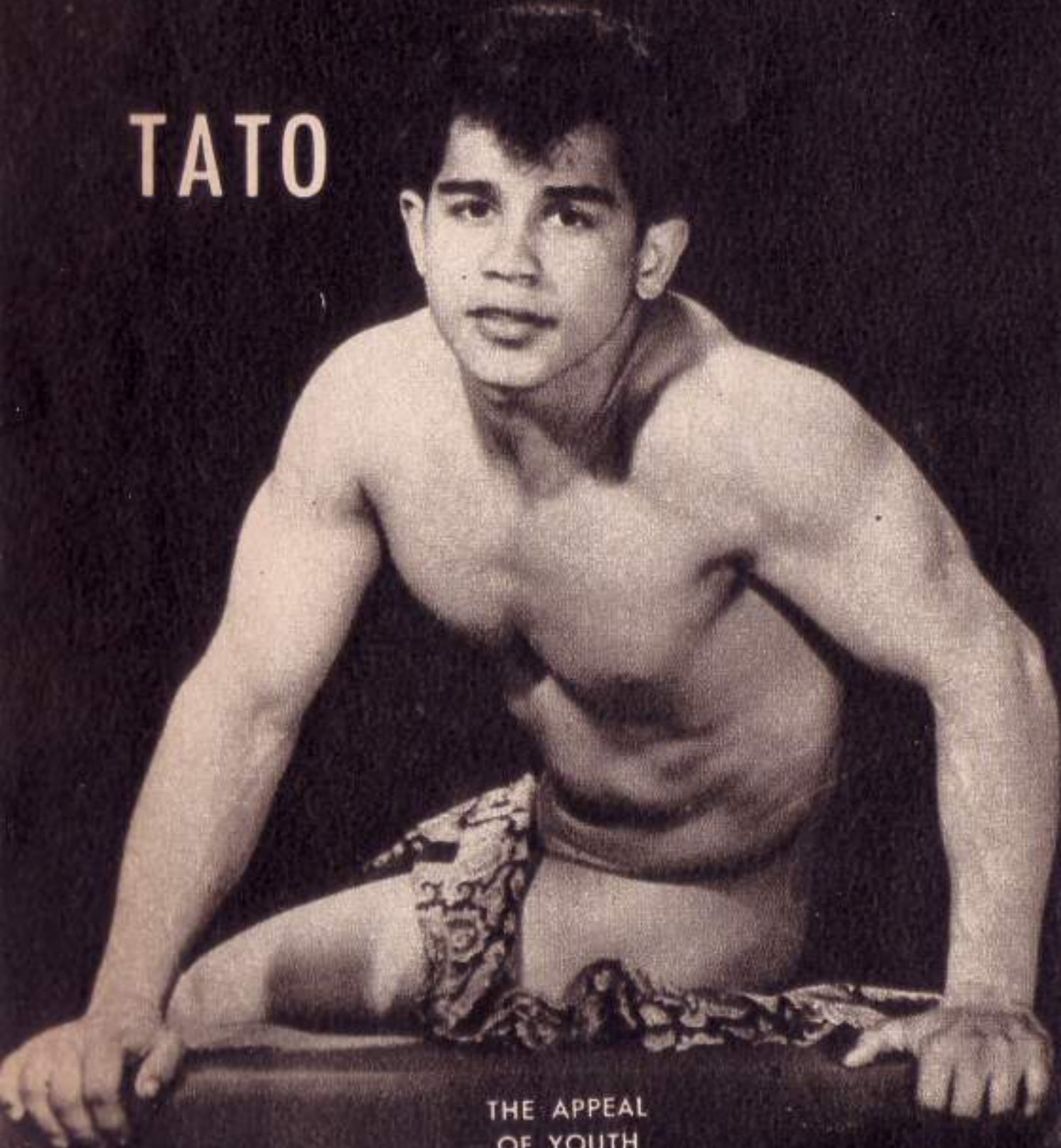




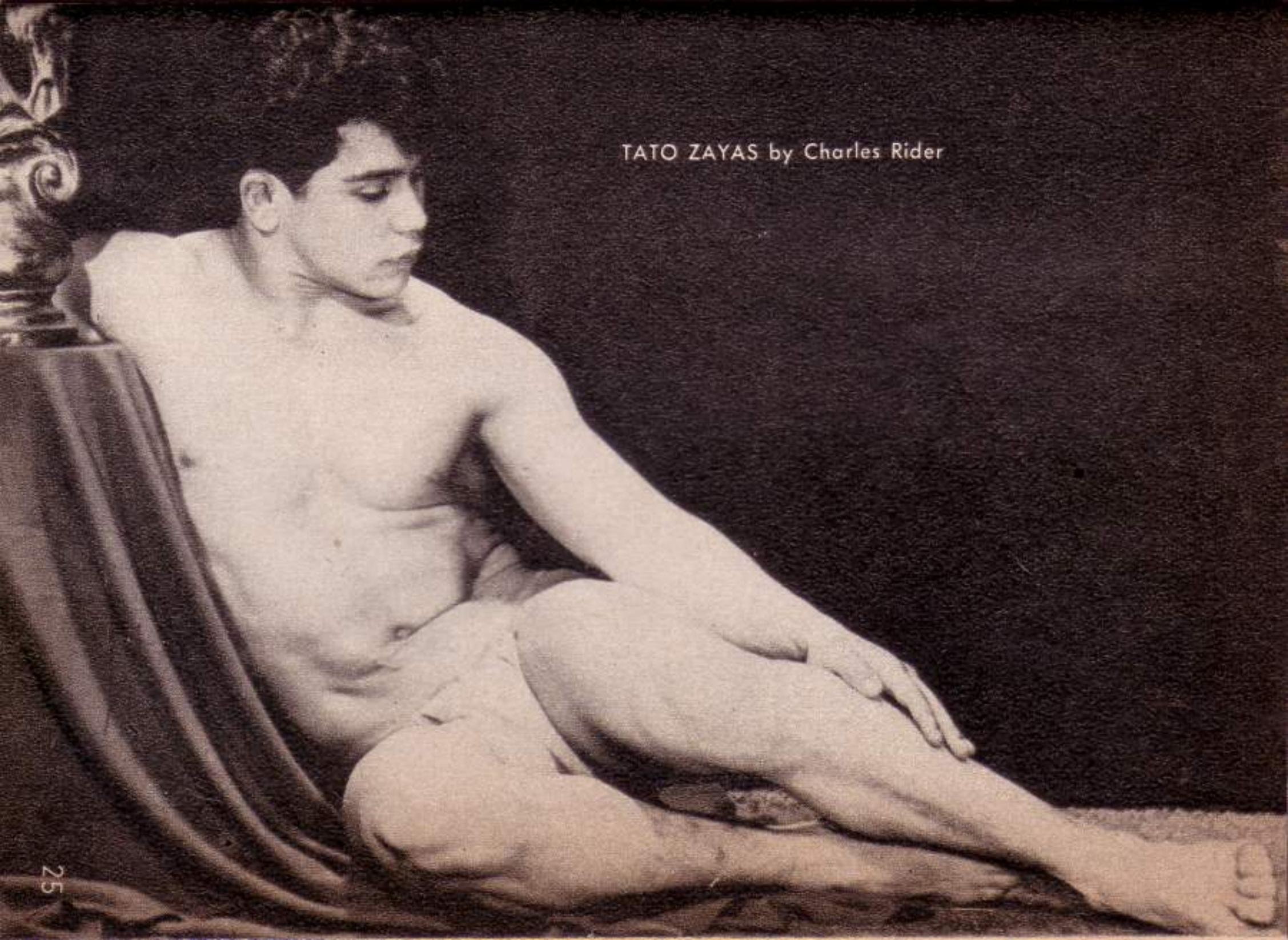
BLOND
BEACH
ADONIS

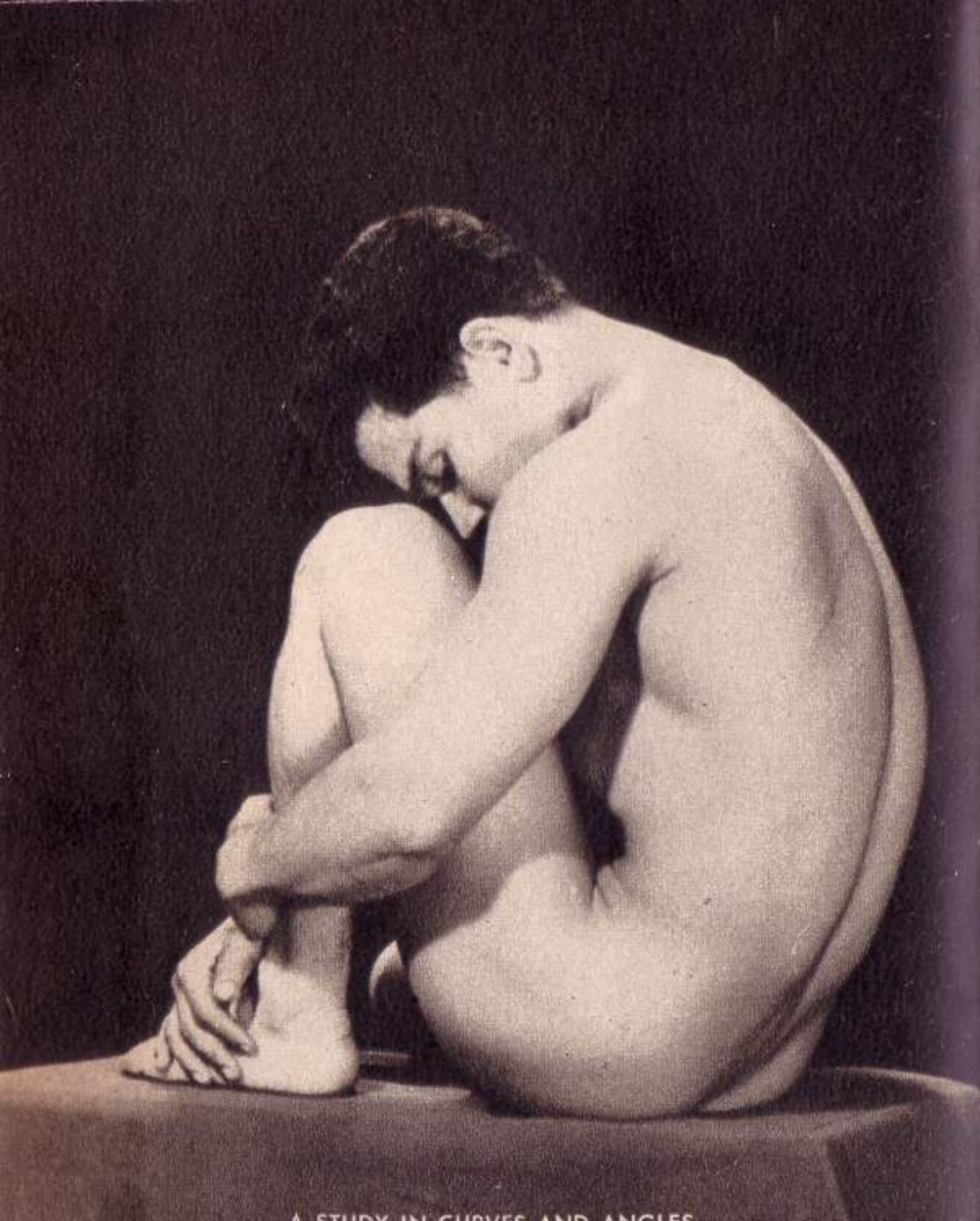
When Rico Tomas opened his Mr. Universe Health Studio at 70 West 96th Street in New York a few months ago, his very first enrollee was a sixteen year-old Hispanic-American named Tato Zayas.
Rather thin and undeveloped at that time, Tato placed himself confidently in Rico's hands and the result is here for all to see. *(Continued on page 52)*

TATO

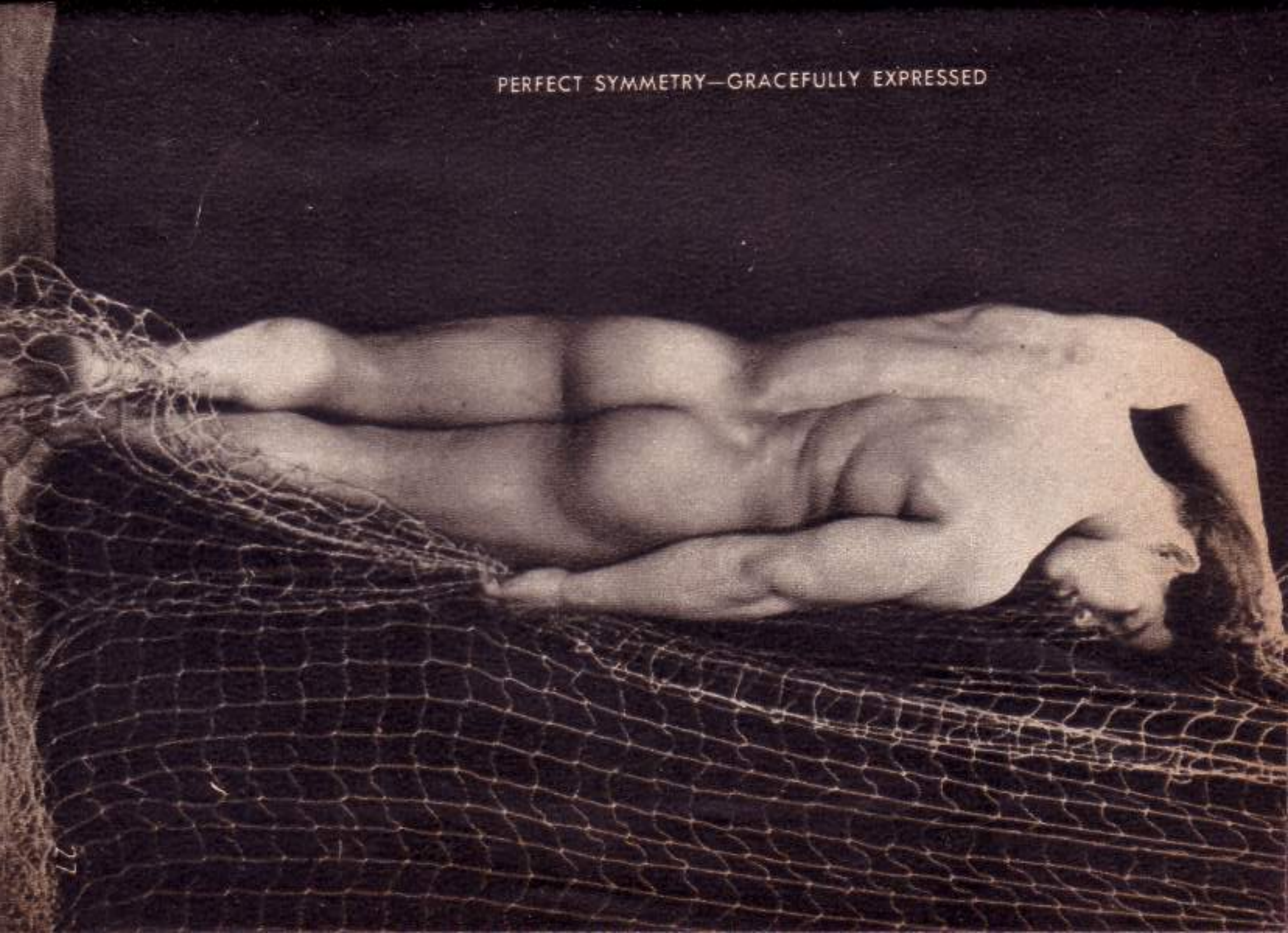


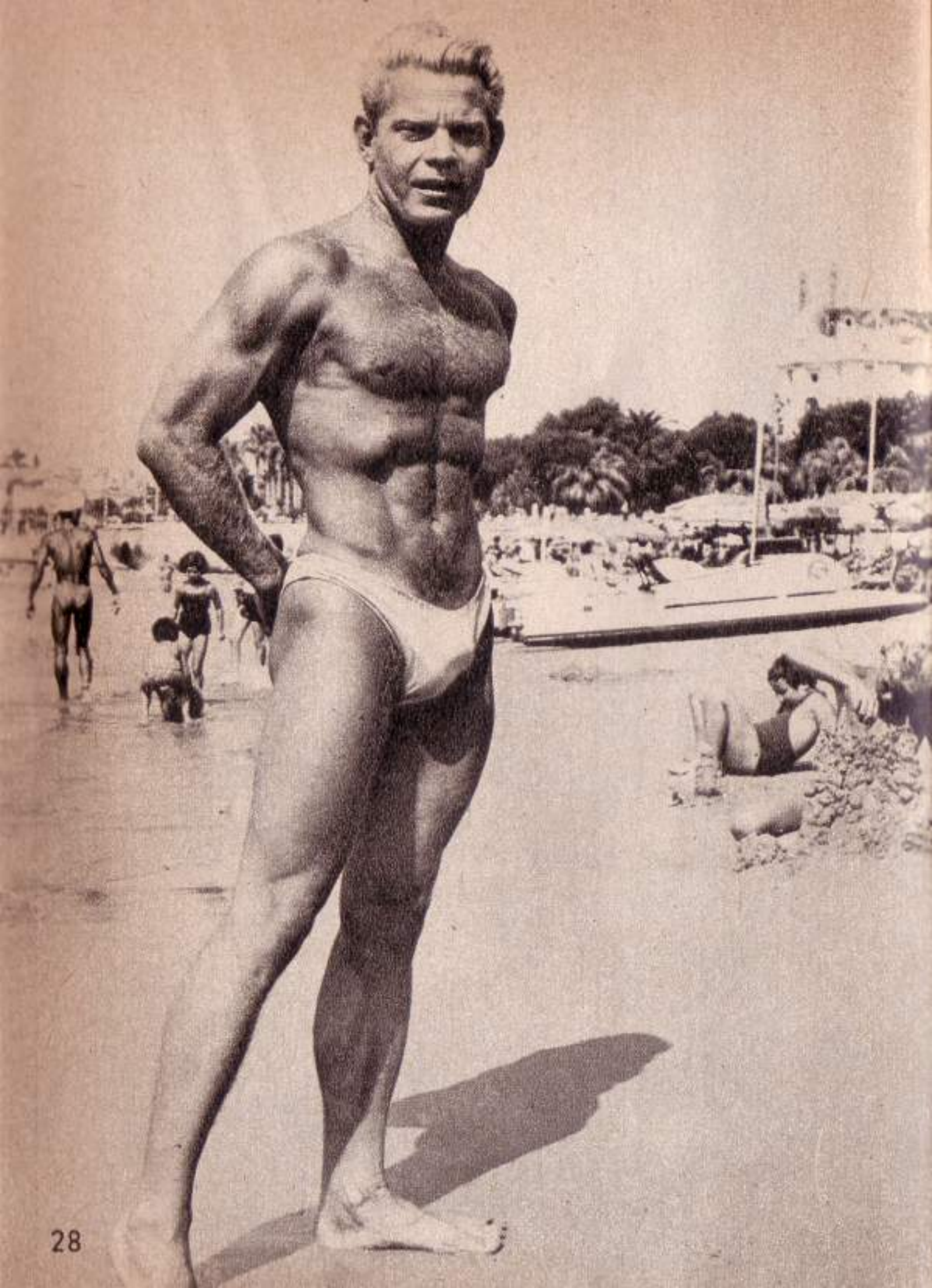
THE APPEAL
OF YOUTH


TATO ZAYAS by Charles Rider



A STUDY IN CURVES AND ANGLES


PERFECT SYMMETRY—GRACEFULLY EXPRESSED



ON THE RIVIERA

Almost every month we have the pleasure of introducing to you a new physique photographer. This makes us happy as we hope it does you, for each new lensman brings variations in theme, mood, technique and vision—all of which gives the added spice of variety to our magazines.

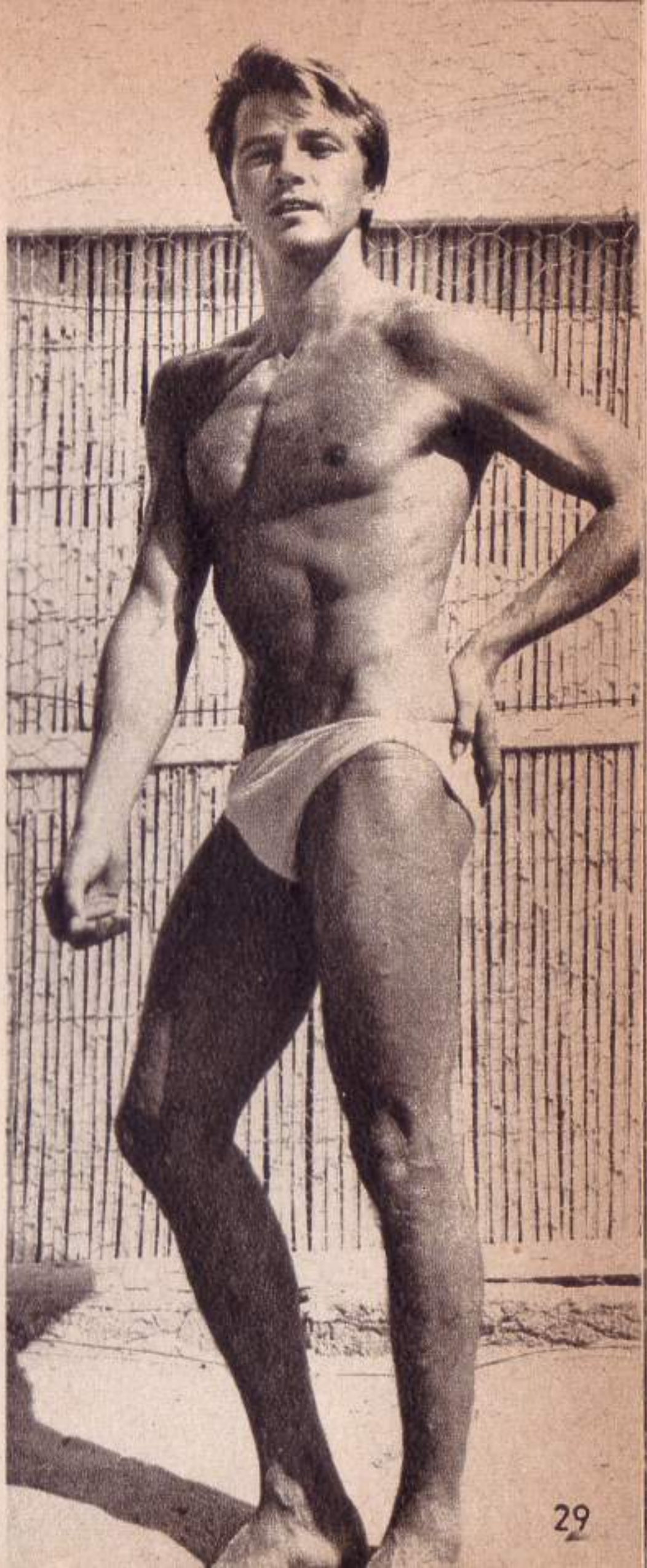
This month we welcome John Palatinus, 135 West 13th Street, in the heart of New York's Greenwich Village. When we called on John we were impressed with the fact that he is just as handsome as any of his models—who are legion.

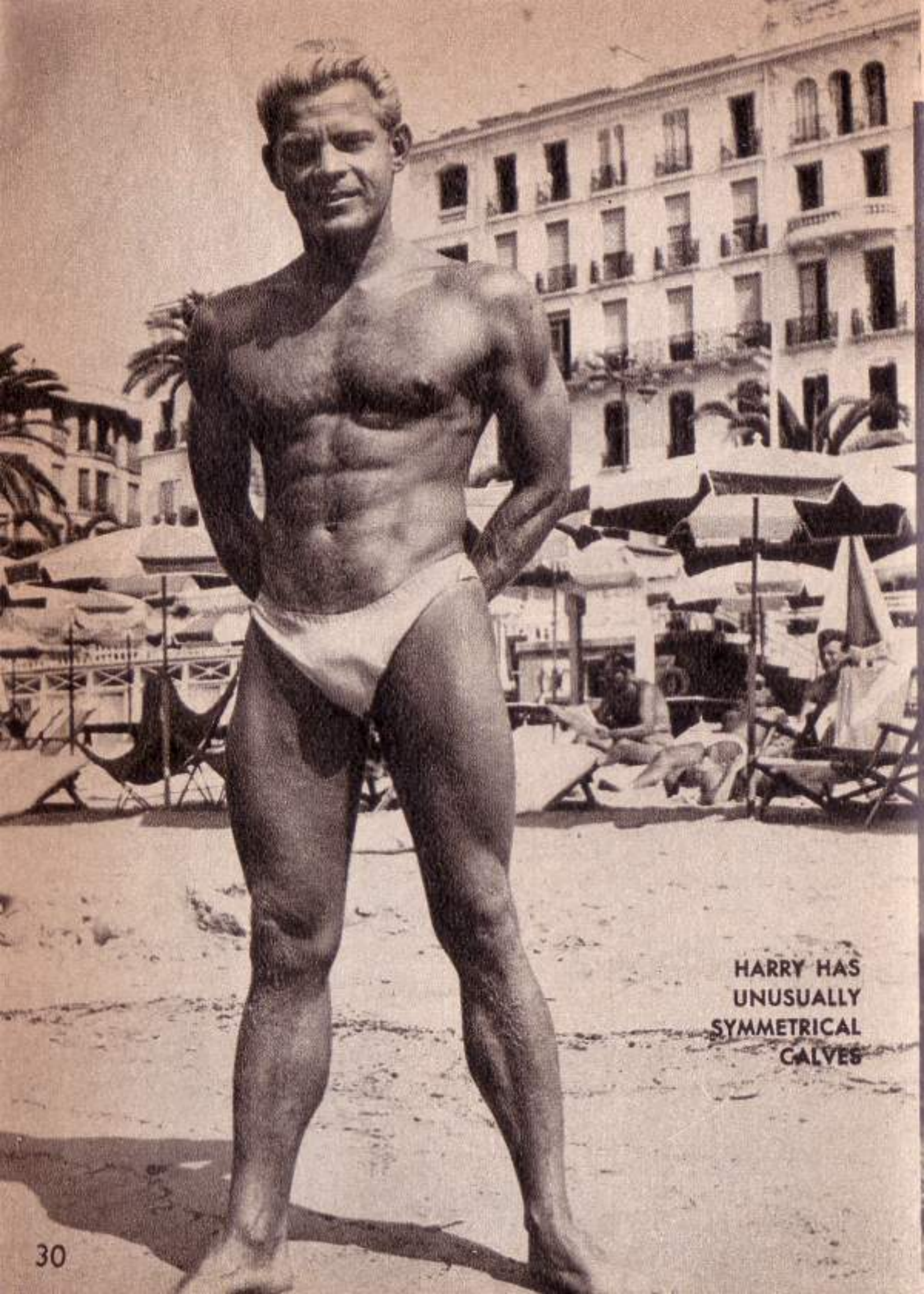
With such a wealth of photographs to choose from

(*Continued on page* 55)

ALPHONSO MATHIS
by John Palatinus

HARRY FAUBEL
by John Palatinus

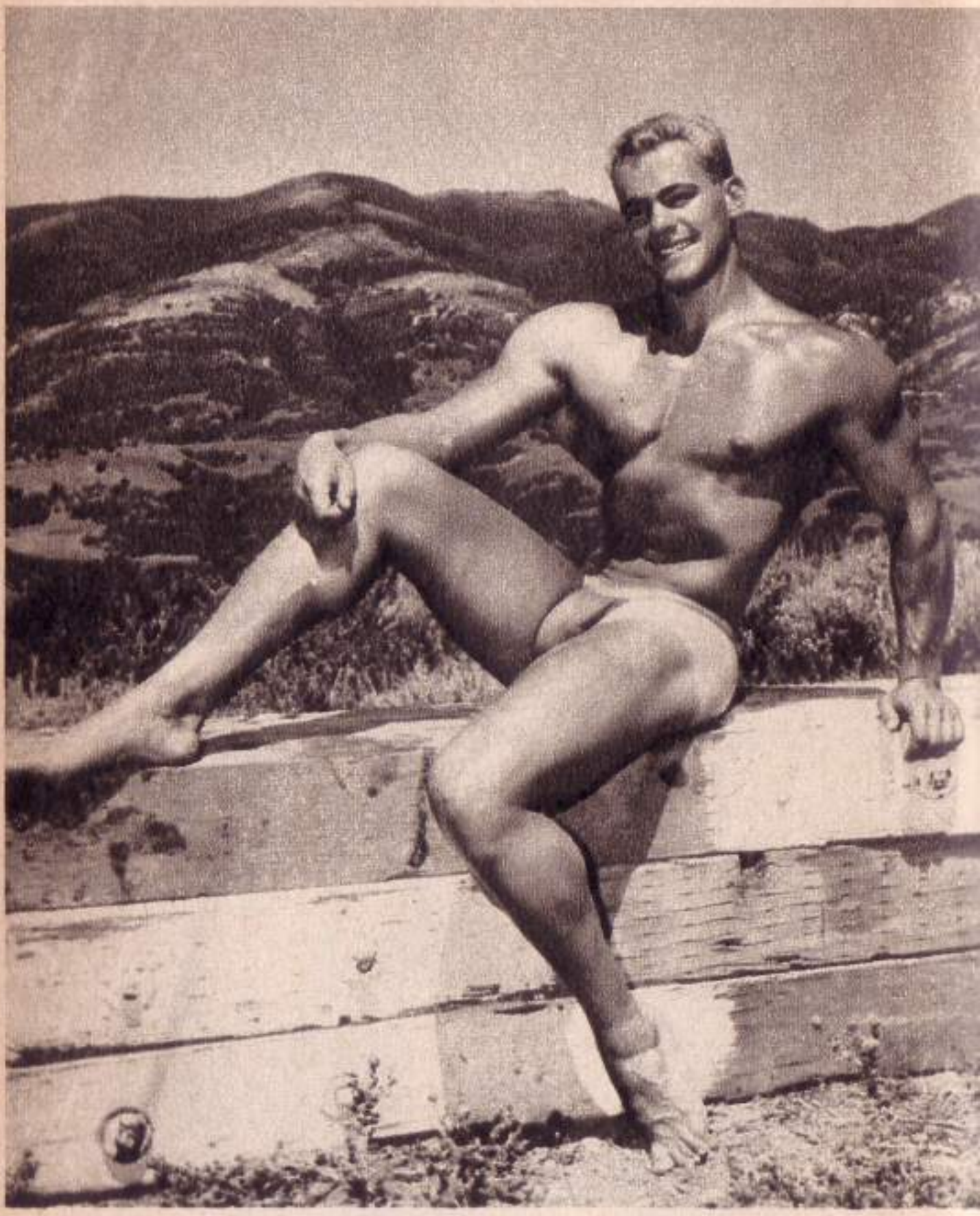




HARRY HAS
UNUSUALLY
SYMMETRICAL
CALVES

ALPHONSO
POSSESSES
EXCELLENT
MUSCULAR
DEFINITION

A Li'l More Sill

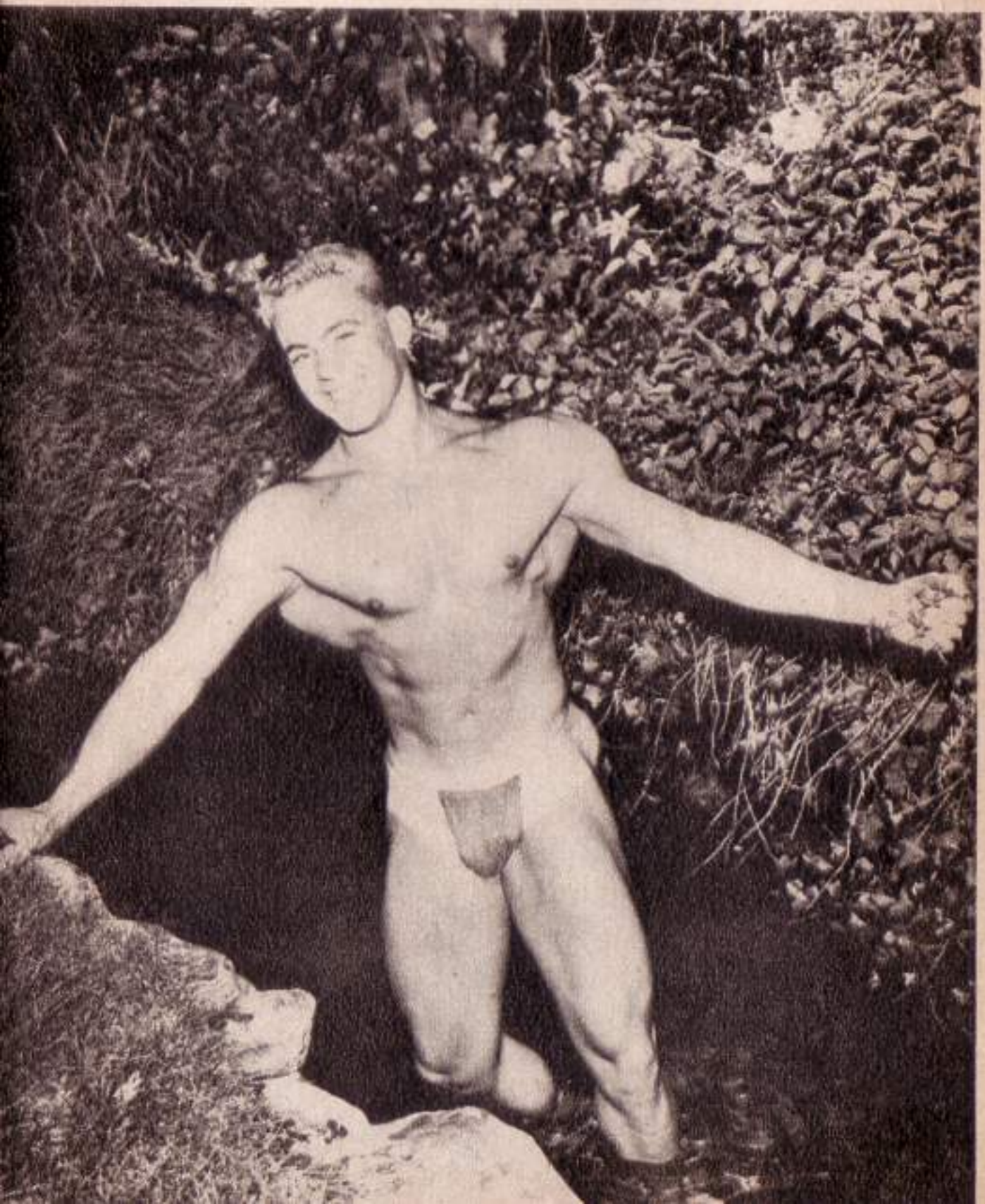


MIKE SILL by Bruce of Los Angeles

HERE'S "MR. LATS" HIMSELF ▶

More Mike! So sounds the battle cry of Mike Sill's army of fans. If the tremendous mail we receive about Mike is any indication, there certainly must be more fan clubs for him than any other modern physique star.

And no wonder—because this strikingly handsome young bodybuilder with the lats from *(Continued on page 56)*



36 "I DID IT WITH MY LI'L BOW'N ARROW!" CONFESSES MIKE

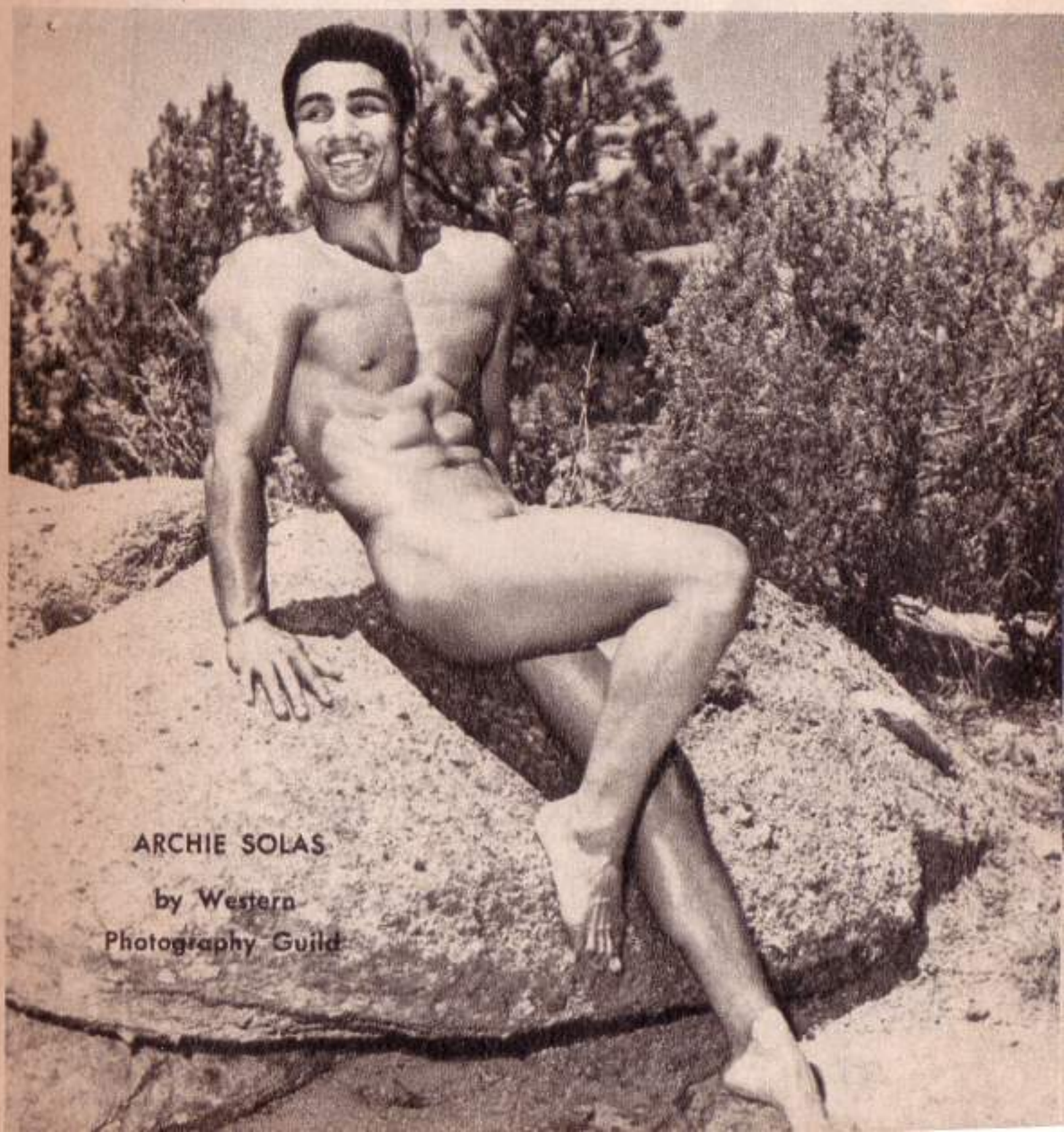
TORSO PARADE....

CAROL KAHN and DICK DUBOIS by Bob Delmonteque

★★★★ Our roving gallery comprises six stunning photographs of both new and familiar models.

Heading the parade is a beautiful exposition by Keith Lewin sent to us by Western Photography Guild.

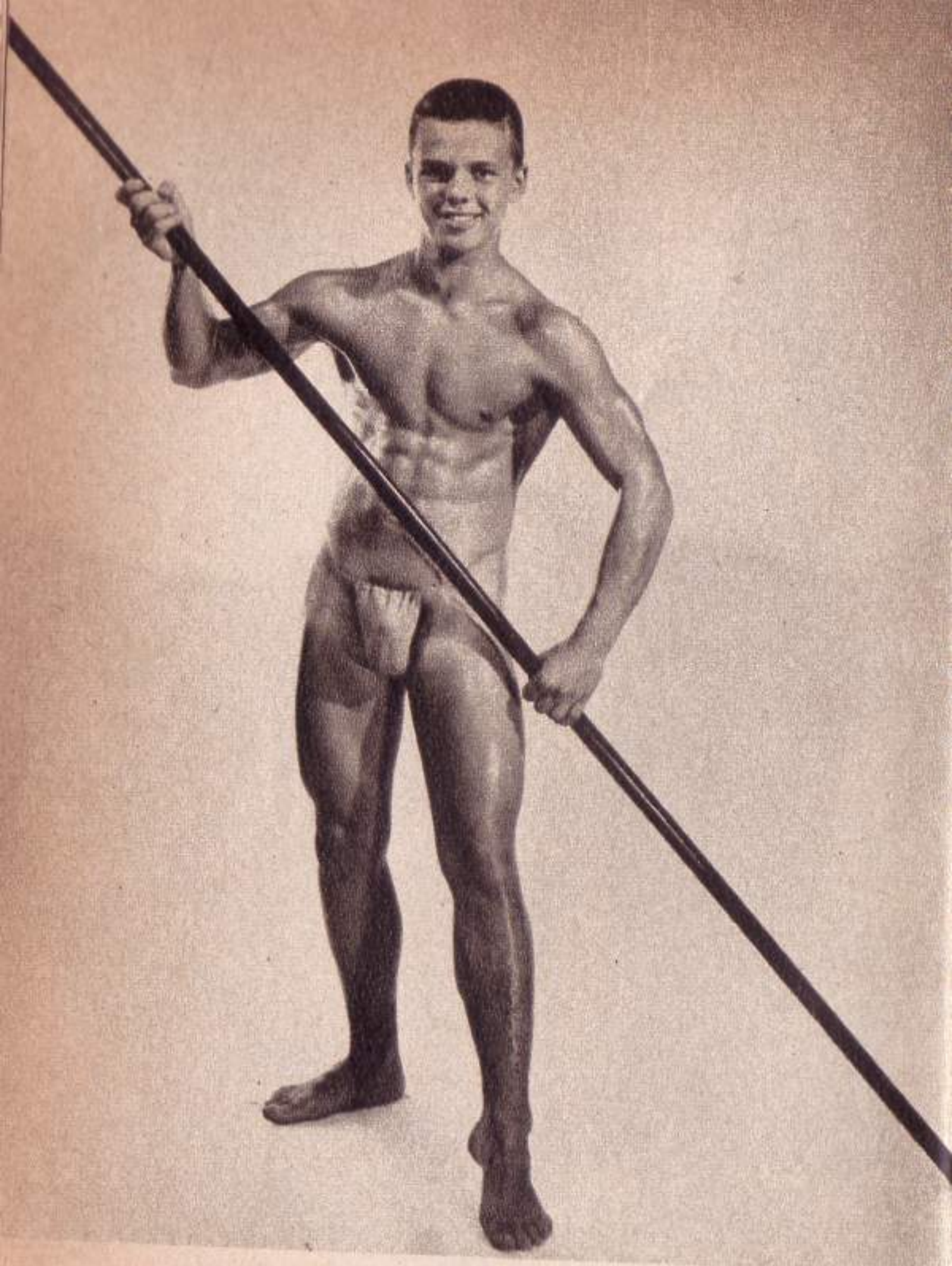
Not content with giving you Dubois on the cover and Dubois on page three, here he is again with Carol Kahn, in a photograph taken immediately after his winning (*Continued on page* 58)



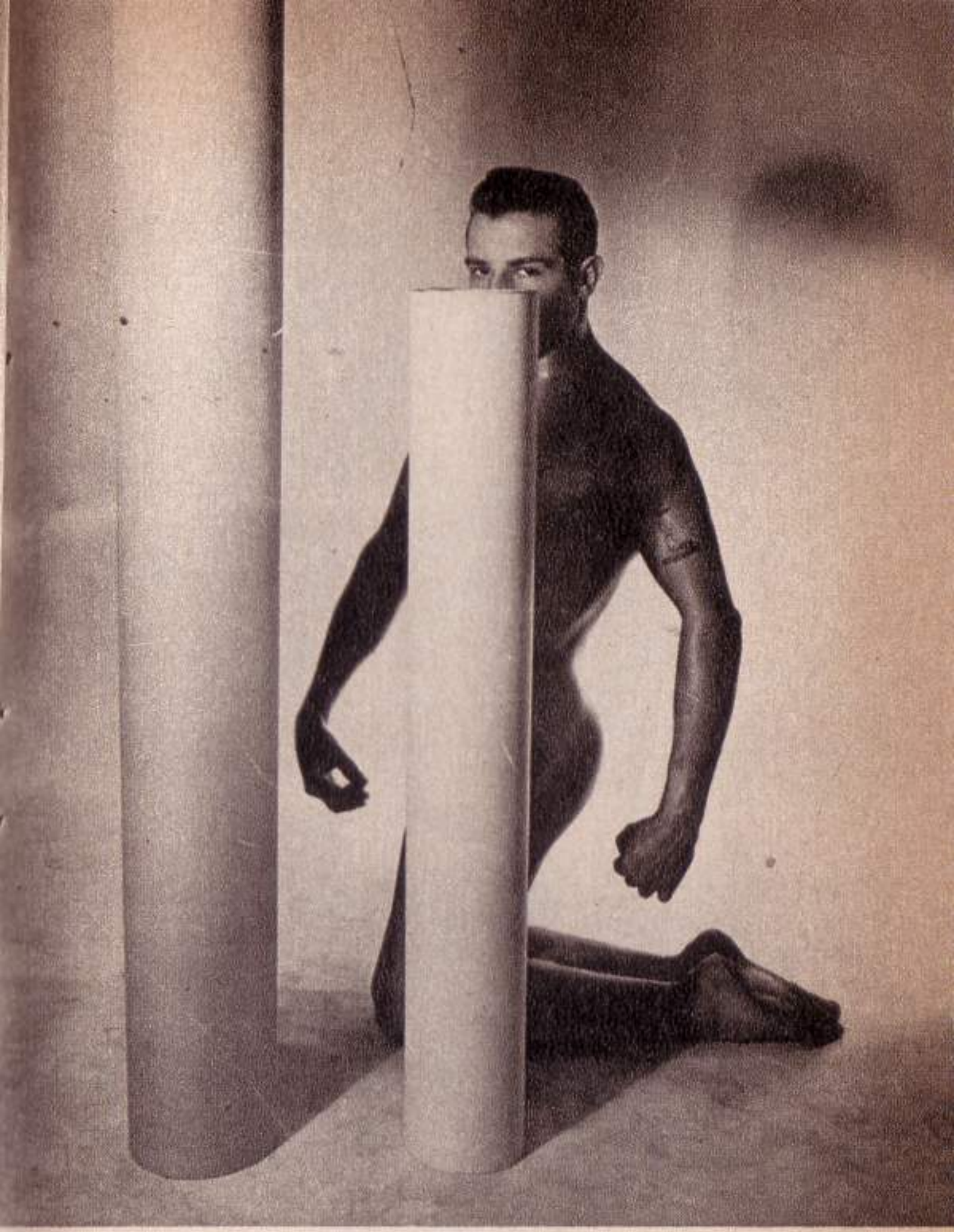
ARCHIE SOLAS

by Western Photography Guild

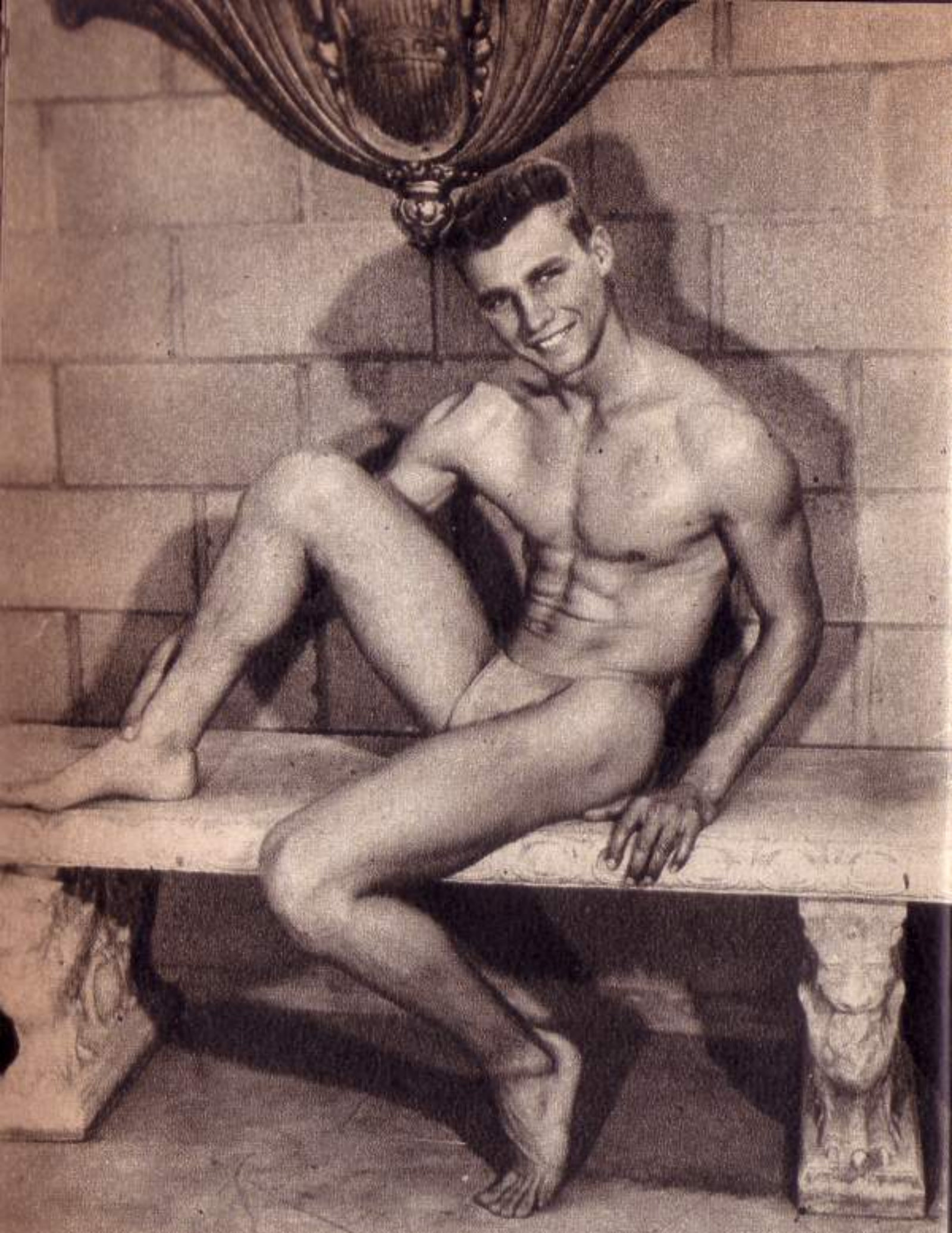
KEITH LEWIN by Western Photography Guild



BOBBY KANE by John Palatinus



BILL RUDOLPH by Vulcan



DAVE WILER by Athletic Model Guild

KEEP OUT
GARY FROST
by Russ Warner

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Six different cards to a set, personally designed and hand tinted by Christopher. New 4 x 9 slim style. With envelopes — postpaid $3.50.

CHRISTOPHER
Box 485, Little River Station
Miami, Florida

A DAY WITH DICK

(*Continued from page* 12)

absorbing culture via hi-fi, decorating his new apartment, and viewing critically a reshowing of one of his earlier kinescopes.

These are just a few of the many interesting shots of this extraordinarily handsome young actor who, for the first time in this issue, offers his own photographs for sale. Elsewhere in these pages you will find his advertisement.

Dick makes a point of answering each letter personally, which is refreshing considering that he's a very busy boy in the studios just now.

"K" MAN OF THE MONTH

(*Continued from page* 17)

physique simply stunning.

This representative group is from Series WN-39, by Kris Studio, Box 1251, Chicago 90, Illinois.

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"FRONT" MAN

(*Continued from page* 3)

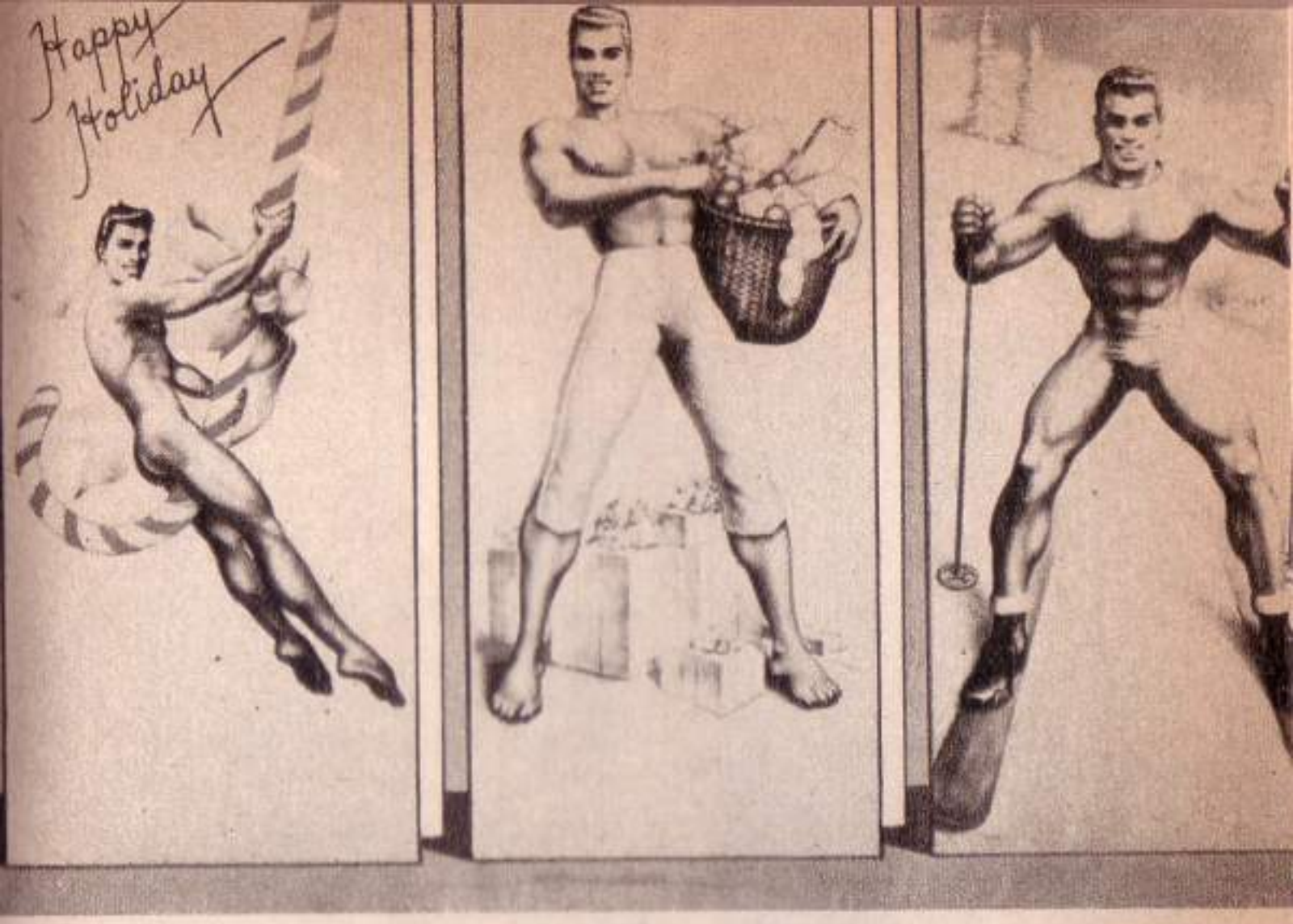
a feat that now places him at the top of bodybuilding royalty. He had previously won both the *Mr. America* and *Mr. Universe* titles—he's a young Alexander with no more worlds to conquer.

This magnificent color shot of the magnificent Dubois physique, taken against the blue, blue Pacific, is by Warner-Delmonteque.

On our back cover is our new friend, Al Wilisch who is making his debut here. You'll find more about Al in the story *Pal Al*, midway in this issue. Photo by Paul d'Andrea.

Ever welcome is the ever popular Ed Fury, shown here on our inside front cover. This happy photograph is by Athletic Model Guild.

Our inside back cover is given over to a request from many readers for another photograph of popular dancer, Bert Conners. We're happy to oblige the fans of this young



12 TALL MEN

In the best Quaintance tradition, 12 handsome guys, on 12 stunning greeting cards, each a different idea, for every special occasion.

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So smart! So inexpensive! An ideal gift!

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Modeled by DAVE WILER

12—4 x 5 photos of Dave $2.50
6—Stereo realist color slides $3.50

ATHLETIC MODEL GUILD
1834 W. 11th Street
Los Angeles 6, Calif.

ballet artist who is now with the Royal Ballet (formerly Sadler's Wells). The photograph is by Bob Delmonteque.

PAL AL

(*Continued from page* 20)

Route 107 near Bethpage.

The subject of this story both trains and instructs at this fine studio. His name is Al Wilisch, a blond, blue-eyed young giant of twenty. Al's a navy veteran and a believer in hard work.

Before he joined the Long Island Health Gym Al worked as a construction man with a lighting company. Now, in addition to the work he loves, he also finds time to do clothes modeling for a group of commercial photographers.

At a height of 5' 11", Al weighs a hefty 172. His chest stretches the tape at 46, his waist is 31, arms 16 and thighs 24.

These photographs of Al are by Paul d'Andrea of 494 South Ocean Avenue, Freeport, New York.

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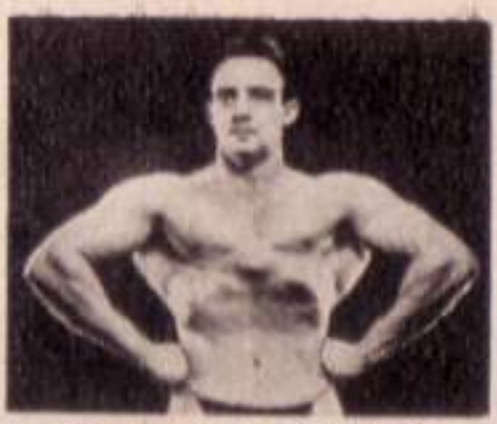
JULIAN DAMES
(before)



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(after)

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Stereo or 35mm color slides of Jerry. State preference.

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Five selected 4 x 5 photos (different models), single and dual with illustrated circular $1.00

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TATO!

Series S (muscle poses)
Series SS (relaxed)

Each series as follows:

8—4 x 5 photos $2.00
6—5 x 7 photos $3.00

CHARLES RIDER
339 W. 71 Street
New York, N. Y.

TATO

(*Continued from page* 24)

Now seventeen, Tato weights 140 pounds and is 5' 6" tall. He has become so enamored of weight training that he plans to become a gym instructor—with high hopes of one day having his own gym.

Again our friend, Charles Rider, is the photographer and as always he evokes all the beauty, grace, rhythm and line from his model. Charlie has done two series of Tato's poses—Series S (muscle exhibition poses), and Series SS (esthetic poses), and our group here is from the latter.

WESTERN STARS

(*Continued from page* 5)

who was *Mr. Colorado* of 1955.

We always enjoy this refreshing outdoor panorama of nature against which WPG photographs its models—they all seem to be as much a part of nature as the trees and rocks.

ADD 4 "POWER PACKED" INCHES
OF MUSCLES TO YOUR CHEST
3 INCHES OF STEEL-LIKE MUSCLES
TO YOUR ARMS IN ONLY 15 MINUTES A DAY
3 TIMES A WEEK!

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"MR. UNIVERSE"

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JOE WEIDER Dept. A

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This versatile steel cable **home gym set** develops powerful arms, chest, shoulders, waist, back and legs FAST! Trains body in manner endorsed by Mr. America winners and champion athletes, building up rugged, enduring muscularity. Requires only a few minutes a day for full benefit. Instructions tell you how to save time molding a he-man body with exercises you will enjoy. Life-time construction, nothing to break or wear out. Photos below show some of the exciting exercises you can do with this outfit.

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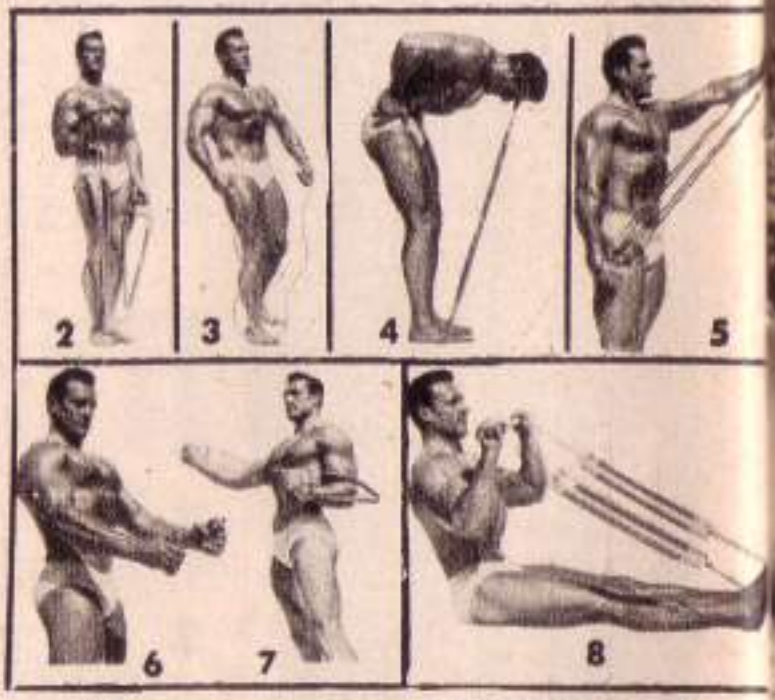
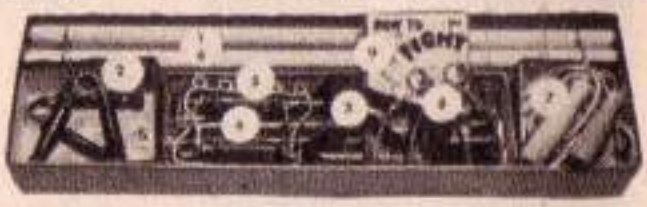
8. Rowing Machine Attachment for a wide back and broad shoulders.
9. Illustrated Instructions and FREE Book "How To Fight."





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Canadian Customers, Price $14.00, same fast service from:
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SANDY REVISITED

(*Continued from page* 8)

pleasant surprise to receive a parcel of pictures from Warner-Delmonteque a short time ago, which included four shots of friend Sandy. They are from Warner-Delmonteque's "RIP" catalog #6, and we think they're some of the most pleasant ones we've ever come across.

Sandy Alcorn is from San Jose, California, and he's a great big economy-size giant of over six feet. His handsome face, superb physique and winning personality have made him one of the most popular of California models.

We salute him here and congratulate him on the excellent improvement he has made.

ON THE RIVIERA

(*Continued from page* 29)

we finally decided on two models who are somewhat different from those we usually feature. This is because they are Europeans who have quite different ideas about

BUDDIES

Buddy Basil and Friends

Catalog of 16 miniatures $1.00
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TOGOF

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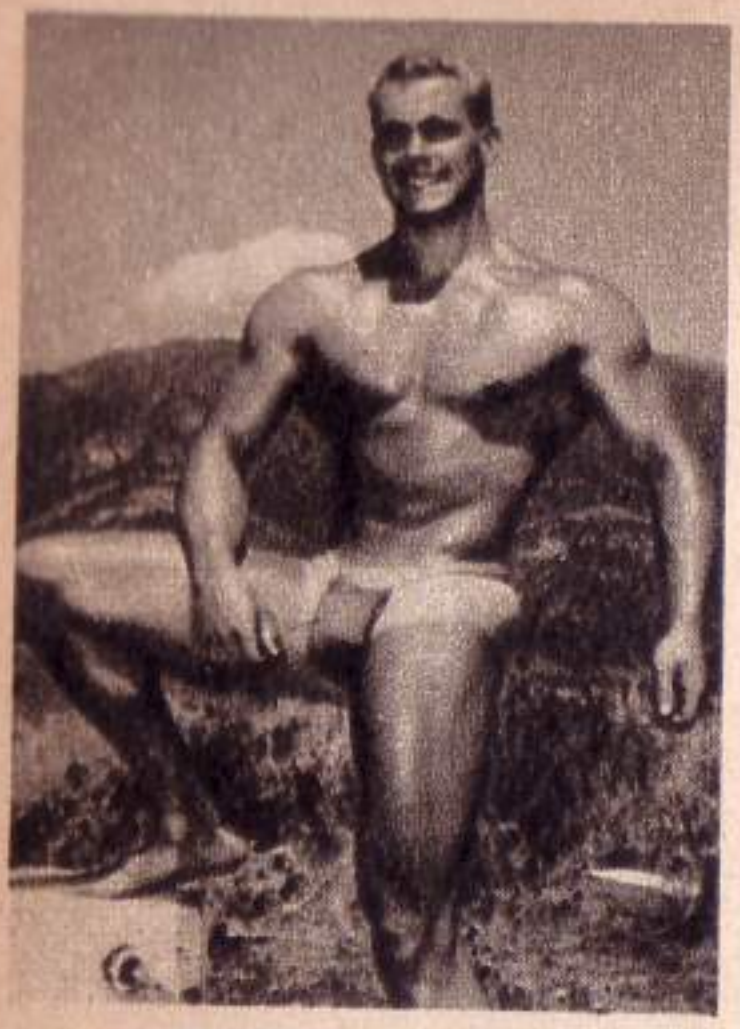
MIKE SILL



Mike Sill, **Mr. Utah** 1956 is one of three athletes featured in Catalog No. 77 which contains 15 doubleweight matte prints.

Price: $3.30, prepaid—airmail 20¢

35 mm or stereo color slides of Mike. State preference.
6 slides — $3.25 — airmail 20¢

5 selected 4 x 5 photos (5 different models) single and dual with illustrated circulars — $1.00

BRUCE OF LOS ANGELES
Box 75305, Sanford Station
Los Angeles 5, Calif.

bodybuilding and the body beautiful.

Alphonso Mathis is a young Roman who stands six feet tall and weights 165. He is twenty-five years old. Harry Faubel is from the tiny principality of Luxembourg and weighs 175 at a height of 5' 9". These two young friends were photographed during Mr. Palatinus' European vacation on the beautiful *Côte d'Azur* at Cannes.

A LI'L MORE SILL

(*Continued from page* 33)

Maine to California and the sunny smile is just a "natural" at making friends.

We're indebted to Bruce of Los Angeles for these particularly **engaging studies of Mike** taken *au naturel* (or almost) at Mike's home in Utah. *Mr. Utah*, as he is popularly known, looks right at home in this beautiful sylvan setting.

If you haven't already succumbed to the Sill charm, we think these winning photographs will "do you in."

Nice to have you with us again, Mike.

LOSE WEIGHT FAST!

15 Million Fat People Face Early Death

DOCTORS WARN: — Cancer, heart disease, diabetes and other dread diseases attack fat people more often than those of normal weight. Protect your life, your health, good looks! Follow the Weider 3 Way Reducing Plan NOW!

Before

After

Before

After

JERRY MURRAY At 28, Jerry Murray was too fat, suffered from indigestion, shortness of breath. He followed the Weider 3 Way Reducing Plan and LOST 56 pounds, 10" from his waist.

ROBERT REID—Police Constable Robert Reid was overweight, found it hard to do his job. He used Weider 3 Way Reducing Plan for 2 months; lost 30 pounds, regained his former pep and energy.

Here's Why You Must Lose Weight Quickly When You Follow The Weider 3 Way Plan.

1 You receive a supply of medically approved reducing tablets, which protect heart and liver during reduction. Take 3 a day, one before each meal.

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presenting "BOBBY"

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Set of 6—4 x 5 photos .....$ 5.00
Set of 12—4 x 5 photos 10.00

SEND $1 FOR SAMPLE PHOTOS

JOHN PALATINUS
135 W. 13th Street
New York 11, N. Y.

TORSO PARADE

(*Continued from page* 38)

the *Mr. U.S.A.* title. For depiction of sheer breadth of torso (aren't those shoulders simply the end?) and perfection of body symmetry, we believe this to be one of the most amazing photographs ever made. It's by Bob Delmonteque.

Again we turn to Western Photography Guild for this very sunny picture of a handsome young Indian—Archie Solas.

Our youngest bodybuilder is goodlooking Bobby Kane of South Bend, Indiana. Bobby's just fourteen and already has an exceptional physique. Photo by John Palatinus.

Vulcan is represented by a study of Bill Rudolph, familiar to most of you through his dual poses with Wayne Sullivan. This interesting shot is made simply with a good model, two tubes of heavy paper and the magic of Vulcan's lighting and camera.

Back by request is Dave Wiler — our readers never seem to get enough of Dave. Photo by Athletic Model Guild. And that closes our torso parade for this month.

BIG "D"

Bob Delmonteque poses outdoor for 15 unusual pictures. Send $ for catalog No. 61 to

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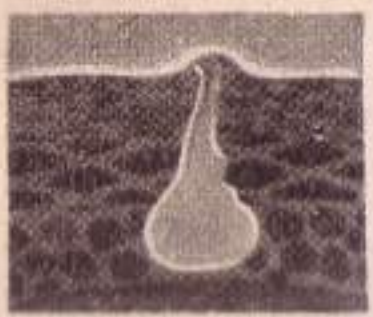

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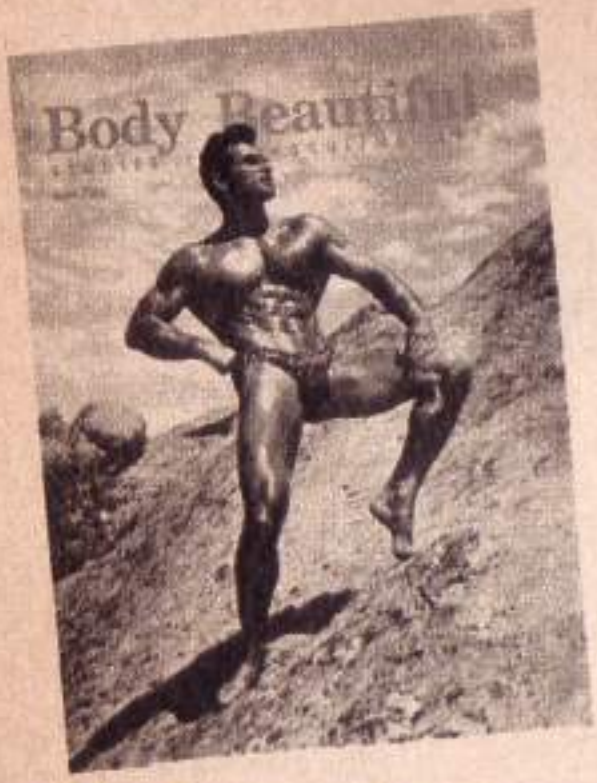

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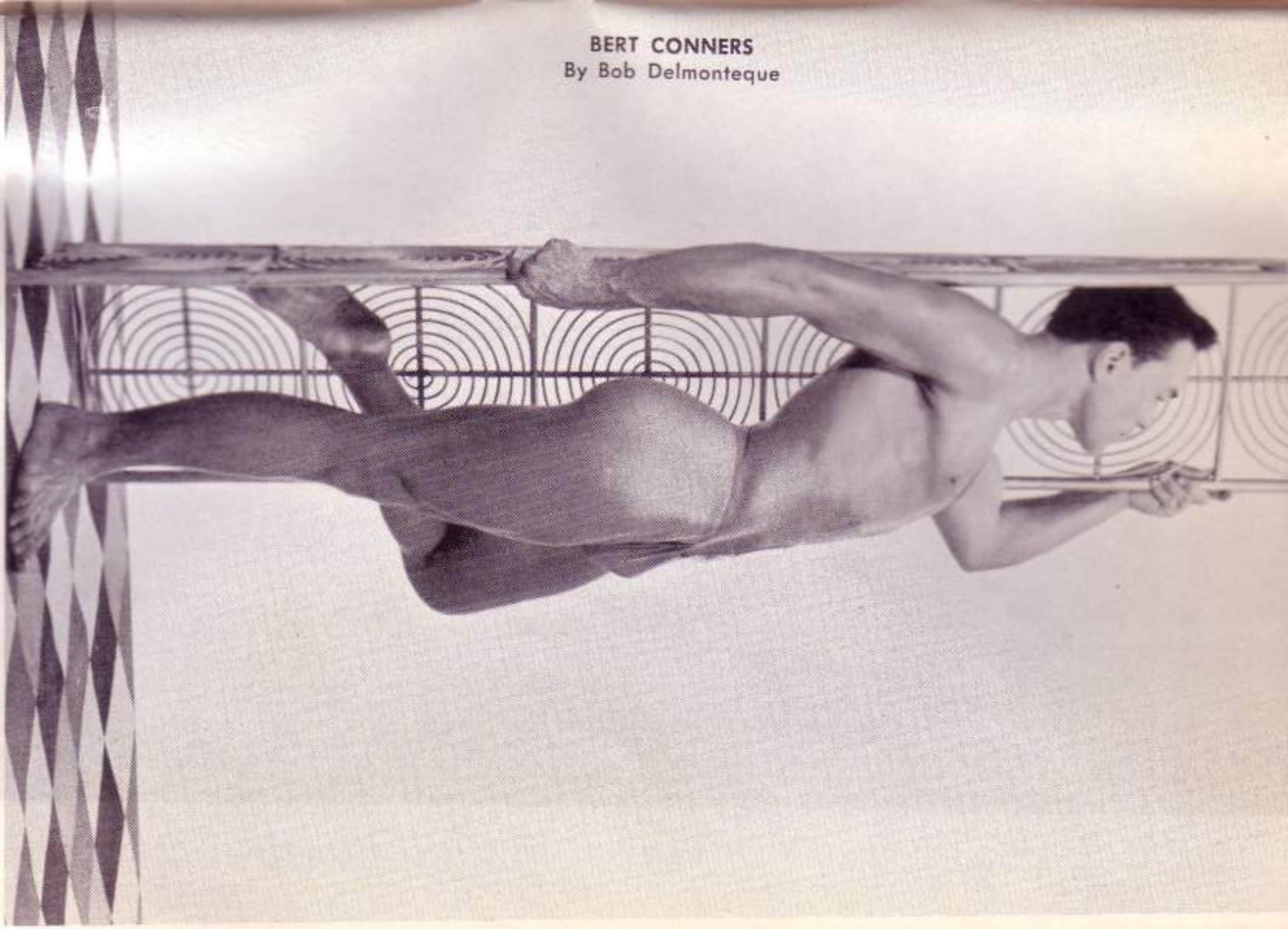

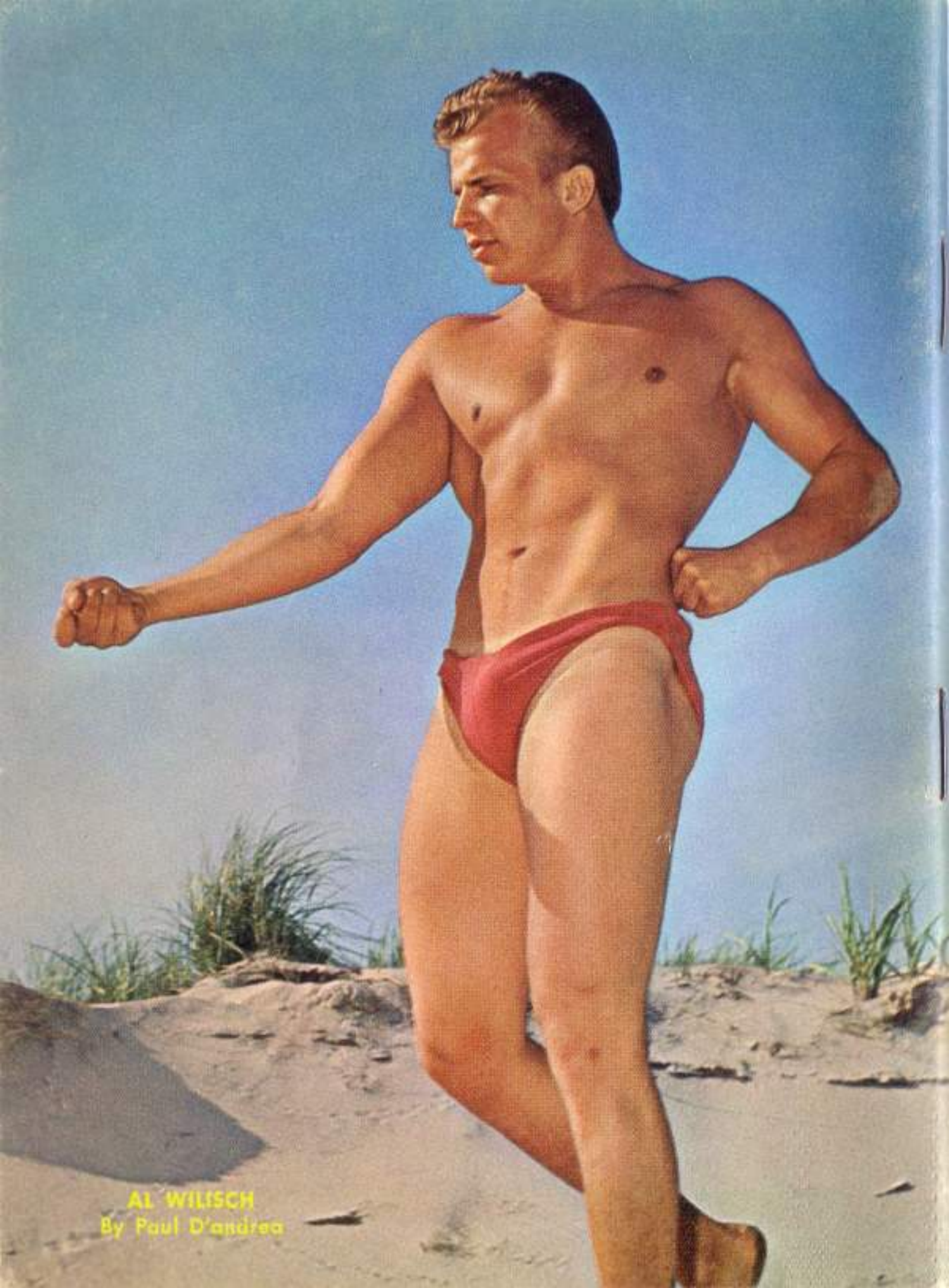
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